

Course Description Form

Course Name:					
allughat alearabia					
Course Code:					
Applied Sciences Branch					
Semester / Year:					
Annual/Fourth Stage					
Description Preparation Date:					
29/3/2024					
Available Attendance Forms:					
Electronic and in-person					
Number of Credit Hours (Total) / Number of Units (Total)					
60 weekly					
Course administrator's name (mention all, if more than one name)					
Dr. Muhannad Abdel Razzaq Abdel Qader					
Course Objectives					
Course Objectives			1- Empowering students with Arabic language skills 2- Developing students' skills in listening, reading and expression 3- Providing students with classical expression skills 4- Developing students' positive values towards their Arabic		
Teaching and Learning Strategies					
Strategy		Cooperative learning strategy 2-Problem solving strategy 3-Discovery learning strategy 4- Listening strategy 5-Vocabulary learning strategy			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	alkalam w ma			
2		yata'alaf minh alfarq			
3		bayn ta' alfaeil w ta'			
4		altaanith aljumlat fi			
5		allughat alearabia			
6		almubtada w alkhabar			
7		alfiel w alfaeil			
8		alnawasikh kan w			
9		'akhawatuha alhuruf			
10		almushbihat bialfiel			
11		an w akhawatuha			
12		ealamat alaeirab			
13		ealamat alaeirab			

14		alasila ealamat			
15		alaeirab alfareia			
16		aleusur al'adabia			
17		aleasr aljahiliu			
18		almuealaqat aleasr			
19		al'iislamiu albarda			
20		aleasr alamawiu			
21		alnaqayid aleasr			
22		aleabaasiu aleasr			
23		alhadith alshier			
24		aleamudiu w alshier			
25		alhuru nazik			
26		almalayika badr			
27		shakir alsayaab			
28		almutanabiy			
29		almdaris aleiraqia			
30		almdarasat albasaria			
		almdarasat alkufia			
		almdarasat			
		albaghdadia			
		murajaeat shamilat			
		lilmawadie			

Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc	
Learning and Teaching Resources	
Required textbooks (curricular books, if any)	
Main references (sources)	1- Ibn Aqeel's explanation of Al-Fiyah Ibn Malik by Ibn Aqeel Al-Hamdani 2- Qatar Al-Nada and Bel Al-Sada by Ibn Hisham Al-Ansari 3- The History of Arabic Literature by Shawqi Deif
Recommended books and references (scientific journals, reports...)	Summary of linguistic skills The art of speaking The summary of grammar Meanings of grammar How to understand grammar
Electronic References, Websites	

Course Description Form

Course Name:					
Anatomy					
Course Code:					
Semester / Year:					
th phase \ yearly 3					
Description Preparation Date:					
2024-02-14					
Available Attendance Forms:					
My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours yearly. (2) hours week					
Course administrator's name (mention all, if more than one name)					
Name: Dr. Qusay Saleh Mal Allah					
Course Objectives					
Knowledge of anatomy Importance for the human body Knowledge of bones in the human body Knowing the muscles in the human body Motor devices Importance in the sports field					
Teaching and Learning Strategies					
Strategy		What is anatomy			
Course Structure					
Week	Hours	Required Learning Outcomes The tactic in	Unit or subject name	Learning method	Evaluation method
1	2	Students know the concept of anatomy	anatomy	Explanation and application	Weekly, monthly, daily, written exams, and the end-of-year exam.
2		Students' knowledge of anatomical positions			
3		Students know the types of anatomy			
4		Students' knowledge of the benefit of studying general anatomy in the sports field			
5		Students know the practical applications of general types of anatomy in the			
6					
7					

8	medical and radiological fields			
9	Going to the College of Medicine to familiarize students with training			
10	Students' knowledge of fabrics and their types			
11	Students know the importance, functions and location of tissues			
12	Students' knowledge of bones and their structure			
13	Students know the types of bones, including structure and size			
14	Students' knowledge of bone functions			
15	Identify the components of the skeleton			
16	Anatomy of the axial skeleton			
17	Anatomy of the parts of the axial skeleton			
18	Terminal structure components			
19	Anatomy of the upper limb			
20	Identify the sects of the upper extremity			
21	Anatomy of the lower extremity			
22	Identify the functions of the lower extremity			
23	We dissect the spine			
24	Components of			

27	paragraphs			
28	Identify the components of a model paragraph			
29	Types of joints Synovial joints			
30	Laces Strings Muscle recognition Know the types of muscles And muscle mass review			

Course Evaluation

Distribution as follows:

25 marks for monthly and daily exams for the first semester.

25 marks for monthly and daily exams for the second semester.

50 marks for final exams

Learning and Teaching Resources

Required textbooks (curricular books, if any)	Anatomy
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	Watch exercises online

Course Description Form

Course Name Philosophy and history of physical education					
Course Code: -					
Semester / Year : 2023-2024					
Description Preparation Date: 1-11-2023					
Available Attendance Forms: -					
Number of Credit Hours (Total) / Number of Units (Total) : 2 hour every week					
1. Course administrator's name (mention all, if more than one name)					
Name: dr_firas hasan abdul hussen / dr_ raja abdul sahib/ dr_snaa hussein					
Email: dr_firashasan@yahoo.com					
2. Course Objectives					
Course Objectives	1) Teaching students the basic principles and specialized topics of the role and importance of sports sociology in the sports field. 2) Students study all topics related to sports sociology. 3) Explaining the role and importance of this science in analyzing and treating some historical phenomena that may occur during sports practice at all age groups.				
3. Teaching and Learning Strategies					
Strategy	1) Improving the cognitive level of students in analyzing topics that occur in the sports field. 2) Enabling students with a mechanism for dealing with history in the sports environment. 3) Enabling students to obtain knowledge and understanding of mathematical sociology topics. 4) Enabling students to review the library and obtain the necessary sources in the historical field. 5) Empowering students to choose research topics that serve society within the specialty sociology of sports				
4. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
	2	The meaning of education, concepts of education, limits of education		lectures	Questions and discussion
	2	The development of the concept of education Features of primitive societies		lectures	Questions and discussion
	2	The contents of primitive education and its advantages		lectures	Questions and discussion

	2	The philosophy of physical education in primitive society, its aims and purposes		tures	estions and cussion
	2	The philosophy of physical education in Mesopotamia, its purposes, historical records, festivals in ancient Iraq, sports games in Mesopotamia		tures	estions and cussion
	2	Philosophy of physical education in India		tures	estions and cussion
	2	The philosophy of physical education in ancient Egypt		tures	estions and cussion
	2	The philosophy of physical education in ancient China		tures	estions and cussion
	2	Philosophy of physical education in Persia		tures	estions and cussion
	2	The philosophy of physical education among the Greeks and Spartans		tures	estions and cussion
	2	Philosophy of physical education in Athenian society (I and II)		tures	estions and cussion
	2	1) The views of the philosopher Plato on physical education 2) The views of the philosopher Xenophon on physical education 3) The views of the philosopher Aristotle on physical education		tures	estions and cussion
	2	Olympic games and competitions		tures	estions and cussion
	2	Philosophy of physical education in the ancient and modern Roman era		tures	estions and cussion
	2	First semester exam		tures	estions and cussion
	2	The philosophy of physical education in medieval universities		tures	estions and cussion
	2	Philosophy of physical education in the Renaissance		tures	estions and cussion
	2	Stages of raising children according to Jean-Jacques Rousseau		tures	estions and cussion
	2	The philosophy of physical education among the Arabs (pre-Islamic and Islamic)		tures	estions and cussion
	2	Sports games among Arabs		tures	estions and cussion
		Ancient sports festivals		tures	estions and cussion
		Ancient Olympic Games		tures	estions and

					ussion
		A historical overview of sports (football)		ctures	estions and cussion
		A historical overview of sports (basketball)		ctures	estions and cussion
		A historical overview of sports (handball)		ctures	estions and cussion
		A historical overview of sports (gymnasium)		ctures	estions and cussion
		A historical overview of sports (racquet games)		ctures	estions and cussion
		A historical overview of sports games (track and field games)		ctures	estions and cussion
		A historical overview of sports (boxing)		ctures	estions and cussion
		Second semester exam		ctures	estions and cussion

5. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

6. Learning and Teaching Resources

Required textbooks (curricular books, if any)	A book on the philosophy and history of physical education / written by Professor Dr. Hassan Hadi Al-Rubaie
Main references (sources)	Philosophy and history of physical education
Recommended books and references (scientific journals, reports...)	-
Electronic References,	-

Course Description Form

7. Course Name:					
English language					
8. Course Code:					
9. Semester / Year:					
Yearly					
10. Description Preparation Date:					
7/2/2024					
11. Available Attendance Forms:					
study halls					
12. Number of Credit Hours (Total) / Number of Units (Total)					
24 hours					
13. Course administrator's name (mention all, if more than one name)					
Name: Assistant Lecturer: Osama Riyadh Lazim					
14. Course Objectives					
Course Objectives		Developing and raising the level of English language for students Teaching vocabulary specific to sports and games, including football - Developing reading and comprehension skills in English - Teaching general conversation skills - Developing listening skill - Teaching some basic rules of the English language			
15. Teaching and Learning Strategies					
Strategy	A- Knowledge and understanding A1- Enabling students to have predictable conversations about sports topics and situations - Enabling students to obtain knowledge and understanding of sports vocabulary in the English language A3- Enabling students to develop the basics of conversation in English A4- Enabling students to increase their knowledge of football in the English language. B- Subject-specific skills B1- Teaching and developing the skill of listening to the English language B2- Teaching students and developing their English reading skills B3- Teaching students to speak English, especially for sports situations B4- Teaching how to use the language correctly.				
16. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	know the lesson and evaluation method		dy hall	estions and cussion
2	2	Positions of footballers		dy hall	estions and cussion
3	2	Personal information		dy hall	estions and cussion

4	2	Jobs in football			estions and cussion
5	2	Pitch		dy hall	estions and cussion
6	2	Present simple tens 1 -		dy hall	estions and cussion
7	2	Greetings and introductions		dy hall	estions and cussion
8	2	Reading comprehension passage		dy hall	estions and cussion
9	2	Set- pieces		dy hall	estions and cussion
10	2	Present Simple tens 2		dy hall	estions and cussion
11	2	Talking about routine		dy hall	estions and cussion
12	2	Goal Positions		dy hall	estions and cussion
13	2	Adverbs of frequency		dy hall	estions and cussion
14	2	Likes and Dislikes		dy hall	estions and cussion
15	2	Term exam		dy hall	estions and cussion
16	2	Reading comprehension passage		dy hall	estions and cussion
17	2	Formations		dy hall	estions and cussion
18	2	present continuous tens		dy hall	estions and cussion
19	2	Midfield maestros		dy hall	estions and cussion
20	2	Number 10		dy hall	estions and cussion
21	2	Instructions		dy hall	estions and cussion
22	2	Making arrangements		dy hall	estions and cussion
23	2	Reading comprehension passage		dy hall	estions and cussion
24	2	Shot and goals		dy hall	estions and cussion
25	2	Past simple Statements tens		dy hall	estions and cussion
26	2	Great Strikers		dy hall	estions and cussion
27	2	Past simple Questions		dy hall	estions and cussion

28	2	Apologizing and giving reasons		dy hall	cussion estions and
29	2	Reading comprehension passage		dy hall	cussion estions and
30	2	Term exam		dy hall	cussion uestions and test

17. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc.

18. Learning and Teaching Resources

quired textbooks (curricular books, if any)	<ul style="list-style-type: none"> - New HEADWAYPLUS by John and Liz Soars , for beginner - ENGLISH FOR FOOTBALL by Alan Redmond and Sean Warren - FOOTBALL English by Tom Challenger
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Electronic References, Websites

Course Description Form

Course Name:					
Computer 1					
Course Code:					
Computer 1					
Semester / Year:					
Year					
Description Preparation Date:					
1/10/2023					
Available Attendance Forms:					
Lab/Class –Attending					
Number of Credit Hours (Total) / Number of Units (Total)					
60					
Course administrator's name (mention all, if more than one name)					
Name: Sabah Abdulmatalib				Email: sabah.sewain@uob.edu.iq	
Course Objectives					
Course Objectives				Computer Principles Computer Applications Microsoft Office	
Teaching and Learning Strategies					
Strategy		Explaining Principles of computer and it application. Theoretically and practically. The students will gain a general knowledge about computer softwares and applications. Having skills by using Microsoft office example WORD, EXCEL, Power Point.			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2		Introduction to Computer	Lec Notes	Quiz
2	2		Goals for studying computer	Lec Notes	Quiz
3	2		Computer Definition	Lec Notes	Quiz
4	2		Computer advantages	Lec Notes	Quiz
5	2		Triangle of process operations	Lec Notes	Quiz
6	2		Examples of applications	Lec Notes	Quiz
7	2		Computer developments	Lec Notes	Quiz
8	2		Classification of computer sizes	Lec Notes	Quiz
9	2		Computer contents	Lec Notes	Quiz
10	2		Hardware	Lec Notes	Quiz
11	2		Buses system	Lec Notes	Quiz
12	2		Central Processing Unit	Lec Notes	Quiz
13	2		Input Units وحدات أو أجهزة الإدخال	Lec Notes	Quiz
14	2		Output Units	Lec Notes	Quiz
15	2		Storage Units	Lec Notes	Quiz
16	2		Softwares	Lec Notes	Quiz
17	2		Operating System SW	Lec Notes	Quiz

18	2		MS Windows	Lec Notes	Quiz
19	2		Programming languages	Lec Notes	Quiz
20	2		Algorithms	Lec Notes	Quiz
21	2		Introduction to ms Word	Lec Notes	Quiz
22	2		MS Excel Introduction to	Lec Notes	Quiz
23	2		MS Power Point Introduction to	Lec Notes	Quiz
24	2		Ms word practical examples	Lec Notes	Quiz
25	2		Ms excel practical examples	Lec Notes	Quiz
26	2		Ms PowerPoint practical ex	Lec Notes	Quiz
27	2		Design a task by word	Lec Notes	Quiz
28	2		Design a task by excel	Lec Notes	Quiz
29	2		Design a task by powerpoint	Lec Notes	Quiz
30	2		Review of Ms office	Lec Notes	Quiz
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)			Book and , Lecturer Notes		
Main references (sources)			Book		
Recommended books and references (scientific journals, reports...)			Computer Principle 1		
Electronic References, Websites			Microsoft website, YOUTUBE		

Course Description Form

Course Name:	
)Handball (practical Prof. Mr. Dr. Ahmed Kazem Fahd	
Course Code:	
-	
Semester / Year:	
Year	
Description Preparation Date:	
1/9/2024	
Available Attendance Forms:	
The closed hall	
Number of Credit Hours (Total) / Number of Units (Total)	
60 hours 2 hours in a week	
Course administrator's name (mention all, if more than one name)	
)Handball (practical Prof. Mr. Dr. Ahmed Kazem Fahd	
Course Objectives	
Course Objectives	
Teaching and Learning Strategies	
Strategy	

11 – Course Structure					
Week	Hours	Required Learning Outcomes	Unit / Subject Name	Learning method	Evaluation method
1	2	Human rights system	Practical	Partial method Total method Mixed method	test
2	2	human rights	Practical	Partial method Total method Mixed method	test
3	2	Characteristics and features of human rights law	Practical	Partial method Total method Mixed method	test
4	2	International humanitarian law	Practical	Partial method Total method Mixed method	test
5	2	Characteristics and characteristics of human rights	Practical	Partial method Total method Mixed method	test
6	2	Human rights law	Practical	Partial method Total method Mixed method	test
7	2	Human rights in the contemporary stage	practical	Partial method Total method	test

				Mixed method	
8	2	International human rights conventions	Practical	Partial method Total method Mixed method	test
9	2	The two international covenants on human rights	Practical	Partial method Total method Mixed method	test
10	2	Non-governmental organizations defending human rights	Practical	Partial method Total method Mixed method	test
11	2	Human rights in Islamic legislation	Practical	Partial method Total method Mixed method	test
12	2	Special rights	Practical	Partial method Total method Mixed method	test
13	2	Law on the care of people with disabilities and special needs	Practical	Partial method Total method Mixed method	test
14	2	Objectives and means	Practical	Partial method Total method Mixed method	test
15	2	Privileges and exemptions	Practical	Partial method Total method Mixed method	test
16	2	Theoretical exam, first semester	Practical	Partial method Total method Mixed method	test
17	2	Penalties	Practical	Partial method Total method Mixed method	test
18	2	Penalties	Practical	Partial method Total method Mixed method	test
19	2	Penalties	Practical	Partial method Total method Mixed method	test
20	2	Some examples of human rights violations	Practical	Partial method Total method Mixed method	test
21	2	Timeline of the development of the term genocide	Practical	Partial method Total method Mixed method	test
22	2	Administrative corruption and the necessities of reform	Practical	Partial method Total method Mixed method	test
23	2	Types of administrative	practical	Partial method	test

		corruption		Total method Mixed method	
24	2	The repercussions of the phenomenon of administrative corruption on human rights	Practical	Partial method Total method Mixed method	test
25	2	Reform	Practical	Partial method Total method Mixed method	test
26	2	Reform priorities	Practical	Partial method Total method Mixed method	test
27	2	The most important political terms	Practical	Partial method Total method Mixed method	test
28	2	The most important political terms	Practical	Partial method Total method Mixed method	test
29	2	Theoretical exam, second semester	Practical	Partial method Total method Mixed method	test
30	2	Final practical exam	Practical	Partial method Total method Mixed method	test

12- Required infrastructure	
Required readings	
Special requirements.	
Social services.	
Minimum number of students	
The largest number of students	

Course Description Form

Course Name: Albasrah university	
Athletics	
Course Code: College of Physical Education and Sports Sciences	
Semester / Year: Year	
Description Preparation Date:1/10/2023	
Available Attendance Forms: Playgrounds	
Number of Credit Hours (Total) / Number of Units (Total) : 4	
Course administrator's name (mention all, if more than one name)	
Name: Dr. William Lewis William / sabahabdallah.66@gmail.com	
Name: Dr. Sabah Abdullah Ibrahim / williamluois54@gmail.com	
Name: Dr. Ansam Khazaal /@gmail.com dr.ansam1984	
Course Objectives	
Course Objectives	
Teaching and Learning Strategies	
Strategy	

Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4	Explaining the technical stages of the 100m event	The basics of learning the technical stages of arena and field games, theoretical and practical	Lectures/class	Questions and discussion
2	4	100m practical application		Lectures/class	Questions and discussion
3	4	Explain the law of effectiveness		Lectures/class	Questions and discussion
4	4	Practical exam		Lectures/class	Questions and discussion
5	4	Explaining the technical stages of the high jump event		Lectures/class	Questions and discussion
6	4	The application of effectiveness is		Lectures/class	Questions and discussion

		practical			
7	4	Explain the law of effectiveness		Lectures/class	Questions and discussion
8	4	Practical exam		Lectures/class	Questions and discussion
9	4	Replay of the two theoretical activities		Lectures/class	Questions and discussion
10	4	Theoretical exam		Lectures/class	Questions and discussion
11	4	Explaining the technical stages of the javelin throwing event		Lectures/class	Questions and discussion
12	4	The application of effectiveness is practical without a tool		Lectures/class	Questions and discussion
13	4	The application of the event is practical with the presence of the tool and throwing		Lectures/class	Questions and discussion
14	4	Explanation of the law		Lectures/class	Questions and discussion
15	4	Technique and completion practical exam		Lectures/class	Questions and discussion
16	4	Explaining the technical stages of the long jump event		Lectures/class	Questions and discussion
17	4	The application of effectiveness is practical		Lectures/class	Questions and discussion
18	4	Explanation of the law		Lectures/class	Questions and discussion
19	4	Practical exam		Lectures/class	Questions and discussion
20	4	Explaining the technical stages of effective weight pushing		Lectures/class	Questions and discussion
21	4	The application of effectiveness is practical without a tool		Lectures/class	Questions and discussion

22	4	The application of the event is practical with the presence of the tool and throwing		Lectures/class	Questions and discussion
23	4	Explanation of the law		Lectures/class	Questions and discussion
24	4	Technique and completion practical exam		Lectures/class	Questions and discussion
25	4	Explaining the technical stages of the 4 x 100m event		Lectures/class	Questions and discussion
26	4	The application of effectiveness is practical		Lectures/class	Questions and discussion
27	4	Explanation of the law		Lectures/class	Questions and discussion
28	4	Practical exam		Lectures/class	Questions and discussion
29	4	Re-explanation of the activities before starting the theoretical exam		Lectures/class	Questions and discussion
330	4	Theoretical exam		Lectures/class	Questions and discussion

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Main references (sources)

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

Course Description Form

19.	Course Name:	Swimming			
20.	Course Code:				
21.	Semester / Year:	Year			
22.	Description Preparation Date:	14/ 09/ 2023			
	23. Available Attendance Forms:	The closed hall			
	24. Number of Credit Hours (Total) / Number of Units (Total)	(60) H (2) H			
	25. Course administrator's name (mention all, if more than one name)				
	Name: Yaseen Habeeb Azzal	yassein.azzal@uobasrah.edu.iq			
	Name: Ali Farhan Hussain	ali.hussain@uobasrah.edu.iq			
	Name: Intsar Ahmed Othman	intsar.ahmed@uobasrah.edu.iq			
	Name: Mustafa Abdalreedh Kadhim	mustafa.kadhim@uobasrah.edu.iq			
	26. Course Objectives :				
	- Learn swimming skills Learn the law of the swimming events -				
	27. Teaching and Learning Strategies				
	Strategy	Teach students the necessary skills & rules and method of Swimming			
	28. Course Structure :				
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	- For students to mention the types of water sports - For students to understand how to practice water sports or students to distinguish between types of water sports.			
2	2	- That students know how to swim - For students to mention the history of Olympic swimming - For students to explain the history of swimming in Iraq			
3	2	- For students to mention the benefits of swimming - For students to explain the importance of swimming			
4	2	For students to distinguish between correct and incorrect practices when			

		practicing swimming			
5	2	For students to identify areas of swimming			
6	2	For students to link the factors affecting learning to swim - Students should justify not learning to swim			
7	2	- For students to apply the skill of trusting water and regulating breathing			
8	2	- Exercises for buoyancy skills and sliding skills			
9	2	- Skill exercises for jumping into the water and sliding under water			
10	2	- Discussing student reports on basic skills exercises for learning to swim			
11	2	For students to discover means to assist in the process of teaching and learning swimming - For students to suggest or modify auxiliary methods			
12	2	Watch videos, photos and illustrations			
13	2	For students to distinguish between Olympic swimming methods			
14	2	- Discussing student reports on Olympic swimming methods			
15	2	Exam			
16	2	- Students organize the motor performance elements of swimming methods			
17	2	- For students to discover the correct performance of body position and leg strikes - The students perform body positions and leg kicks			
18	2	For students to discover the correct performance of arm movements and breathing - The students perform arm movements and breathing			
19	2	- The student should summarize the types of compatibility between the elements of freestyle swimming motor performance - The students should perform freestyle swimming as a whole			
20	2	- For students to discover the correct performance of body position and leg strikes - The students perform body positions and leg kicks			
21	2	- The student should summarize the			

		types of compatibility between the elements of freestyle swimming motor performance - The students should perform freestyle swimming as a whole			
22	2	- Students should perform freestyle swimming well over various distances			
23	2	- Students should perform backstroke well over various distances			
24	2	- For students to explain the legal and technical aspects of starting and turning in swimming (freestyle, backstroke) - The students perform the start and turn in swimming (freestyle, backstroke)			
25	2	- For students to explain the legal and technical aspects of starting and turning in swimming (freestyle, backstroke) - The students perform the start and turn in swimming (freestyle, backstroke)			
26	2	- For students to become familiar with the swimming law - For students to differentiate between Olympic race distances - Students should plan the dimensions of the swimming pool, its areas, and legal distances			
27	2	- Students should explain the causes of drowning - For students to classify the types of drowning - For students to mention rescue methods			
28	2	- For students to try rescue swimmers			
29	2	Theoretical exam			
30	2	Practical exam			

29. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports... etc.
 25 degree for first course examination & 25 degree for second course examination & 50 degree for final examination

30. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Swimming for the first stage
Main references (sources)	A guide for teaching and learning swimming skills
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

Course Name: Basketball Game					
Course Code: Basketball for the first stage					
Semester / Year: 2023 – 2024					
4/2022/14Description Preparation Date:					
Available Attendance Forms: Indoor Games Hall					
Number of Credit Hours (Total) / Number of Units (Total): 120 Hour					
Course administrator's name (mention all, if more than one name)					
Name: Ali Mohammed Hadi Abbood Yousif Hassan Khalaf Bilal Haider Makki					
Email: fmalimohammed@gmail.com					
Course Objectives					
Course Objectives			Knowledge and understanding... Basketball skills Thinking skills		
Teaching and Learning Strategies					
Strategy		General skills		Teaching and learning methods	
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4	Basketball History	Basketball for the first stage	Theoretical Explanation	Theoretical Tests
2	4	Introducing students to the basic basketball skills and their divisions while mentioning their advantages		Theoretical and practical	Theoretical and practical tests
3	4	Catching and receiving the ball		Theoretical and practical	
4	4	Pivot and footwork		Theoretical and practical	
5	4	Chest and bounce pass		Theoretical and practical	
6	4	Overhead pass		Theoretical and practical	

7	4	Long pass		Theoretical and practical	
8	4	Dribbling and its types		Theoretical and practical	Theoretical and practical tests
9	4	Layup Shooting		Theoretical and practical	Theoretical and practical tests
10	4	Free throw and jump Shooting		Theoretical and practical	Theoretical and practical tests
11	4	Connection between dribble and passing		Theoretical and practical	Theoretical and practical tests
12	4	Connection between dribble and layup		Theoretical and practical	Theoretical and practical tests
13	4	Connection between passing and jump shooting		Theoretical and practical	Theoretical and practical tests
14	4	Connection between Passing, dribbling and shooting		Theoretical and practical	Theoretical and practical tests
15	4	Theoretical and practical exam		Theoretical and practical	Theoretical and practical tests
16	4	Defense in basketball and its importance		Theoretical and practical	
17	4	Defensive stand		Theoretical and practical	Theoretical and practical tests
18	4	Defensive footwork		Theoretical and practical	Theoretical and practical tests

19	4	Defensive position		Theoretical and practical	Theoretical and practical tests
20	4	Defense against dribbling		Theoretical and practical	
21	4	Defense against passing		Theoretical and practical	=
22	4	Defense against shooting		Theoretical and practical	=
23	4	Defensive rebound		Theoretical and practical	=
24	4	Connection between offensive and defensive		Theoretical and practical	=
25	4	Perform offensive skills with defense		Theoretical and practical	=
26	4	Perform offensive skills with defense		Theoretical and practical	=
27	4	Perform offensive skills with defense		Theoretical and practical	=
28	4	Perform offensive skills with defense		Theoretical and practical	=
29	4	Perform offensive skills with defense		Theoretical and practical	=
30		Theoretical and practical exam			=

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Basketball curriculum and Internet sources

Main references (sources)

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

Course Description Form

Course Name:					
Football					
Course Code:					
Semester / Year:					
Yearly					
Description Preparation Date:					
6/2/2024					
Available Attendance Forms:					
Football field - sports hall - study halls					
Number of Credit Hours (Total) / Number of Units (Total)					
60 hours 4 hours					
Course administrator's name (mention all, if more than one name)					
Name: 1. Prof. Dr. Weal Kassim Jawad <div style="text-align: right; margin-right: 100px;">Email: wael.jawad@uobasrah.edu.iq</div> 2. Prof. Dr. Louay Kazem Muhammad 3. Prof. Dr. Majid Sabbar Muhammad 4. Prof. Dr. Abd Ali Jaafar Muhammad 5. Teacher. Assistant Mazen Ali Lazem					
Course Objectives					
Course Objectives			<ul style="list-style-type: none"> - Teaching students the basics of basic football skills. - How to perform skills and exercises. - History of football. - International football law. 		
Teaching and Learning Strategies					
Strategy		<ul style="list-style-type: none"> - Providing students with the basic concepts in football. - Clarifying and explaining the course vocabulary. - Putting the practical aspect in explaining and understanding performance. 			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	Historical overview of the game	The basics of teaching basic	Study hall	Questions and discussion
2	2	Ball kicking skill/putting skill	skills in football + teaching international	Football yard	Questions and discussion
3	2	Ball kicking skill/putting skill/small games/soccer components	football law	Football yard	Questions and discussion
4	2	Passing/rolling/dribbling skill		Football yard	Questions and discussion
5	2	Components of football /		Football yard	Questions and discussion

6	2	passing / suppression / dribbling / dribbling / adjusting basic principles		Football field + study hall	discussion Questions and discussion
7	2				
8	2	Articles (1-7) Football Law /		Football field + study hall	Questions and discussion
9	2	Side throw skill		Football field + study hall	Questions and discussion
10	2	Articles (8-17) Football Law/Skill of hitting the ball with the head		Football field + study hall	Questions and discussion
11	2	Football law test / practical test of basic skills		Football yard	Questions and discussion
12	2	Developing speed and endurance		Football yard	Questions and discussion
13	2				
14	2	Repeating the types of ball kicking and putting skills		Football yard	Questions and discussion
15	2	Types of passing/playing skills		Football yard	Questions and discussion
16	2				
17	2	Ball feeling exercises/playing		Football yard	Questions and discussion
18	2				
19	2	Compound exercises/play		Football yard	Questions and discussion
20	2				
21	2	Goalkeeper exercises/playing		Football yard	Questions and discussion
22	2	General reset		Football yard	Questions and discussion
23	2	Theoretical test/practical test		Football field + study hall	Questions and test
24	2	Replay of the game law with modifications		Study hall	Questions and discussion
25	2				
26	2	Physical, technical, tactical and psychological preparation		Football yard	Questions and discussion
27	2	Practical examples of strength and endurance / play		Study hall	Questions and discussion
28	2	Fitness Components		Football yard	Questions and
29	2				

30	2	<p>Speed and elongation development exercises Special stretching and special speed exercises Tactical exercises/compound exercises</p> <p>Theoretical test/practical test</p> <p>Referees' tests</p> <p>How to work between the referee and other referees Compound exercises and creating space/play Compound exercises with scoring</p> <p>The relationship of basic skills to physical fitness Theoretical test and practical test</p>		<p>Football yard</p> <p>Football yard</p> <p>Football field + study hall</p> <p>Football yard</p> <p>Football yard</p> <p>Football yard</p> <p>Football yard</p> <p>Football yard</p> <p>Football field + study hall</p>	<p>discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and discussion Questions and test</p>
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Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc.	
Learning and Teaching Resources	
Required textbooks (curricular books, if any)	- Football (a methodical book for students in colleges of physical education), written by Dr. Sami Al-Saffar and others, 1987.
Main references (sources)	- International Football Law 2022.
Recommended books and references (scientific journals, reports...)	- International Football Law 2022.
Electronic References, Websites	- Fundamentals of football (education - skills - law - exercises), written by: A.M. Dr. Abd Ali Jaafar Muhammad 2019.

Course Description Form

Course Name:	
University of Basra	
Course Code:	
College of Physical Education and Sports Sciences	
Semester / Year:	
The first stage/yearly	
Description Preparation Date:	
1/11/2023	
Available Attendance Forms:	
Weights	
Number of Credit Hours (Total) / Number of Units (Total)	
60	
Course administrator's name (mention all, if more than one name)	
Name: Dr. Hassan Farhan Alwan	
Email: Hassan.alwan. uobasrah.edn.iq	
Teaching and Learning Strategies	
Strategy	A: Knowledge and understanding. <ul style="list-style-type: none"> • Introducing students to the most important laws related to weightlifting • Introducing students on how to obtain knowledge and understanding of the requirements of the weightlifting subject • Enable students to visit the library to obtain resources related to weightlifting • Enabling students to choose topics that serve the university and college in their specific specialization

Course structure					
Evaluation method	Learning method	Name of the unit or topic	Required learning outcomes	Hours	the week
Lectures/hall	Performance art/questions	-Theory and application in weightlifting -International weightlifting law	Teaching the snatch		1
Lectures/hall	Performance art/questions		Stages of elevation		2
Lectures/hall	Performance art/questions		Completing the stages of lifting		3
Lectures/hall	Performance art/questions		Teaching the snatch lift from sitting and from suspenders		4
Lectures/hall	Performance art/questions		Organizing a training unit		5
Lectures/hall	Performance art/questions		Theoretical exam		6
Lectures/hall	Performance art/questions		A repeat of what was mentioned in previous		7

		Other sources-	lectures		
Lectures/hall	Performance art/questions		Final practical exam		8
Lectures/hall	Performance art/questions		Graduation in teaching klein elevation		9
Lectures/hall	Performance art/questions		Number exercises to raise the klein		10
Lectures/hall	Performance art/questions		Teaching the stages of lifting		11
Lectures/hall	Performance art/questions		Performing the kleen lift from attachment		12
Lectures/hall	Performance art/questions		Performing a clean lift from chairs		13
Lectures/hall	Performance art/questions		Teaching preparation for the jerk lift		14
Lectures/hall	Performance art/questions		Mechanical analysis of clean and jerk lift		15
Lectures/hall	Performance art/questions		Performing the jerk movement		16
Lectures/hall	Performance art/questions		Theoretical test		17
Lectures/hall	Performance art/questions		Perform a complete training module		18
Lectures/hall	Performance art/questions		How to organize the training unit		19
Lectures/hall	Performance art/questions		Explanation of international law		20
Lectures/hall	Performance art/questions	Supplementary explanation of the law		21	
محاضرات/ قاعة	Performance art/questions	Explanation on steroids		22	
محاضرات/ قاعة	Performance art/questions	Repeat what was mentioned in previous lectures		23	

Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc	
Learning and Teaching Resources	
Required textbooks (curricular books, if any)	previous letters and dissertation
Main references (sources)	
Recommended books and references (scientific journals, reports...)	A systematic book for weights
Electronic References, Websites	

Course Description Form

Course Name:					
fitness Physical for the first stage					
Course Code:					
-					
Semester / Year:					
Year					
Description Preparation Date:					
1/9/2023					
Available Attendance Forms:					
The closed hall					
Number of Credit Hours (Total) / Number of Units (Total)					
60 hours 2 hours in a week					
Course administrator's name (mention all, if more than one name)					
Name: Zeinab Sabah Email: Name: Fatima Hasan Mohammad Email: fatma.hasan@uobasrah.edu.iq					
Course Objectives					
Course Objectives		<p>1-education Female students How Ability on administration Exercises And exercises fitness Physical The different ones.</p> <p>2-education Female students How Ability on to set Deformities Texture and How Her treatment with exercises.</p> <p>3-education Female students How Ability on treatment Obesity And thinness with exercises Sports And calculation Indicator Mass the body.</p> <p>4-education Female students Expression Kinetic Accompanying Musical For exercises.</p>			
Teaching and Learning Strategies					
Strategy		<p>supply Female students with skills the basic different Private By decision Academic.</p> <p>-clarification and explain Vocabulary The decision Academic And performance Sample for every.</p> <p>-Application Practical for every Skills And exercises-</p>			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2		*Physical fitness and	Explanation	Theoetical
2	2	Head and neck	ways to achieve it	application	Practical

3	2	exercises	*Exercises for various parts of the body		
4	2				
5	2	Arm exercises			Theoetical Practical
6	2				
7	2	Torso exercises			
8	2		*The effect of exercise on public health: mental, psychological, social, physical fitness, circulatory system, respiratory system, nervous system, digestive system.		
9	2	Abdominal and back exercise			Theoetical Practical
10	2				
11	2	s			
12	2	Previous skills training			
13	2				
14	2	Practical exam			Theoetical Practical
15	2				
16	2	Leg exercises			
17	2		*The effect of exercise on physical fitness. Power, endurance, flexibility, lengthening, agility, speed, coordination, balance, and accuracy		
18	2	Theoretical exam		Explanation application	Theoetical Practical
19	2				
20		Strength exercises			
21					
22		Endurance exercises			
23					Theoetical Practical
24		Flexibility exercises			
25		Speed exercises	*Physical fitness and its components from the point of view of the Eastern and Western schools		
26		Twa exercisesSo			
27		Balance exercises			
28		Precision exercises			
29		Theoretical lecture			Theoetical Practical
30		Theoretical exam			
		Previous skills training			
		Practical exam			
					Theoetical Practical
		Weight exercises			
		Yoga exercises for beginners		Explanation application	
		You practiceStep Aerobic			Theoetical practical
		Previous skills training			

		Previous skills training			
		Final practical exam			
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)					
Main references (sources)			1- Osama Riyad. Essam Jamal Abu Al-Naga. Health Education. Modern Eagle Book Center. 1st edition. Cairo. 2016 2-. Laila Zahran. The scientific and practical foundations of artistic exercises and exercises. Dar Al-Fikr Al-Arabi. Cairo. 1997.		
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites			*Views For exercises from The internet		

Course Description Form

Course Name:
University of Basra
: Course Code
Semester / Year: :
Yearly
Description Preparation Date:
2024/2/5
Available Attendance Forms:
Classrooms
Number of Credit Hours (Total) / Number of Units (Total)
60
Course administrator's name (mention all, if more than one name)
Name: Riyadh noori Email: riaadnoori.96@gmail.com Name: hattem kareem Email: hatemk566@gmail.com

Course Objectives

Course Objectives	Teaching students what the Scout Movement is -How to work towards the goals of the scouting movement The Scout Movement is one of the important factors that has a great impact on Scout camps and in creating the necessary human interaction.....
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Teaching and Learning Strategies

Strategy	<ul style="list-style-type: none"> • Scouting education is a process that includes several functions, including educational, pedagogical and health functions. • It is social, as it does not arise in a vacuum, but rather arises within a regular group of individuals and takes into account their feelings, needs, and aspirations. • It is a means, not an end. It is a means that seeks to achieve set goals. • It is a continuous process. • It depends on investing human resources and available material capabilities. <li style="text-align: right;">• It seeks to achieve goals with a high degree of efficiency.
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Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	What is the scouting movement?		Lectures/class	Questions and Discussion
2	2	General concepts of scouting		Lectures/class	Questions and Discussion
3	2	History of the scouting movement worldwide		Lectures/class	Questions and Discussion
4	2			Lectures/class	Questions and Discussion
5	2			Lectures/class	Questions and Discussion
6	2			Lectures/class	Questions and Discussion
7	2	The spread of the scouting movement in the Arab		Lectures/class	Questions and Discussion
8	2				Questions and Discussion

9	2	countries		Lectures/class	Questions and Discussion
10	2	Practical applications for			
11	2	scouting		Lectures/class	Questions and Discussion
12	2	Scout camps		Lectures/class	Questions and Discussion
13	2	Scouting stages		Lectures/class	Questions and Discussion
14	2	Organizing scout teams		Lectures/class	Questions and Discussion
15	2	The concept of hexagons and		Lectures/class	Questions and Discussion
16	2	precursors		Lectures/class	Questions and Discussion
17	2	Leadership in the Scout		Lectures/class	Questions and Discussion
18	2	Movement		Lectures/class	Questions and Discussion
19	2	Scout leader		Lectures/class	Questions and Discussion
20	2	Outdoor trips and plastic arts		Lectures/class	Questions and Discussion
21	2	Tent, ropes and their types		Lectures/class	Questions and Discussion
22	2	Principles of public service		Lectures/class	Questions and Discussion
23	2	Scout uniform		Lectures/class	Questions and Discussion
24	2	Scout method		Lectures/class	Questions and Discussion
25	2	Hobby badges in the Scouting		Lectures/class	Questions and Discussion
26	2	movement		Lectures/class	Questions and Discussion
27	2	Scout camps			
28	2	Know the four directions			
29	2	Tracing			
30	2	Flag raising and lowering ceremonies			
		Exam			

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Scout education concepts and applications

Main references (sources)

Homework assignments in writing a report

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

Addressing the problems needed by educational institutions in schools and sports and school activity directorates

Course Description Form

31. Course Name: Measurement and testing					
32. Course Code:					
33. Semester / Year: 2024					
34. Description Preparation Date:2024/2/6					
35. Available Attendance Forms:					
36. Number of Credit Hours (Total) / Number of Units (Total)2					
37. Course administrator's name (mention all, if more than one name)					
Name: Prof. Dr. Raed Muhammad Mshatat Email: raedmshatat@gmail.com					
38. Course Objectives					
Course Objectives			<ul style="list-style-type: none"> • • • 		
39. Teaching and Learning Strategies					
Strategy					
40. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
41. Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
42. Learning and Teaching Resources					
Required textbooks (curricular books, if any)					
Main references (sources)					
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites					

Course Description Form

Course Name: Sports biomechanics					
Course Code:					
first and the second 2023-2024			Semester / Year:		
Description Preparation Date: 6/2/2024					
Available Attendance Forms:					
Number of Credit Hours (Total) / Number of Units (Total) 30					
Course administrator's name (mention all, if more than one name)					
Name: dr. yarob Abdulbaqi daiykh Email: yarob.daiykh@uobasrah.edu.iq Neam: Prof. Dr. Mustafa Abed Mohiy E-mail: mustafa.mohiy@uobasrah.edu.iq Name: Dr. Wael Qasim jawad E-mail wael.jawad77@uobasrah.edu.iq					
Course Objectives					
Course Objectives			<ul style="list-style-type: none"> - Describing movement from a mechanical standpoint, quantitatively and qualitatively - Applying mechanical principles and laws to sports movements according to biological conditions 		
Teaching and Learning Strategies					
Strategy	<ul style="list-style-type: none"> - Using the method of delivery, deduction, induction, project, and discussion. - Using shapes and drawings to clarify cases that need clarification and presentation - Linking the practical aspect of sports to biomechanics through questions whose answers include examples in the sports field 				
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	1- Giving students the ability to understand movements mechanically	The concept of biomechanical science originates	1- Using the method of delivery, deduction, induction, project, and discussion. 2- Use shapes and drawings to clarify cases that need	Weekly, monthly, daily, written exams, and the end-of-year exam
2	2	2- Giving learners and students the ability to interpret cases of success and failure in applying movements	Departments of biomechanics and the relationship of biomechanics to other sciences		
3	2		Biomechanics duties		

		<p>according to mechanical foundations</p> <p>3- Providing students with scientific thinking based on objectivity in analyzing movements</p> <p>4- Empowering students with the ability to evaluate sports movements according to numerical data and correct standards</p> <p>5- Giving them the ability to Correcting errors that appear in motor performance according to Biomechanical variables</p>	(general). Private	<p>clarification and presentation</p> <p>3- Linking the practical aspect of sports to biomechanics through questions whose answers include examples in the sports field.</p>
4	2		Axes, planes, and relative motion	
5	2		The concept of movements, their types and forms	
6	2		Linear biokinematics	
7	22 2		Distance and linear displacement	
8	22 2		2Velocity is a vector quantity	
9	2 2		Vector analysis	
10	2		Finding outcomes	
11	2		Linear acceleration	
12	2 2		The mechanical effect of muscles in linear movements	
13	2		Projectiles and vertical projectiles	
14	2		Projectiles at an angle to the horizon line	
15	2		First semester exams	
16	2		Angular biokinematics	
17	2		Distance and angular displacement	
18	2		Angular velocity and circumferential velocity	
			Angular acceleration	

19	2			
20	2		The concept of kinetics, sections of linear and angular kinetics, and quantitative study	
21	2 2		The concept of strength and combination of forces	
22	2		Complete to collect powers	
23	2		Newton's laws of motion and the first law	
24	2		Newton's second law	
25	2		Newton's third law	
26	2		Mechanical work	
27	2		ability	
28	2		Kinetic and potential energy	
29	2 2		Impulse and momentum	
30	2		Second semester exam	

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	1-Samir Muslat Al-Hashemi: Mathematical biomechanics 2-Sawsan Abdel Moneim Biomechanics
Main references (sources)	1-Samir Muslat Al-Hashemi: Mathematical biomechanics 2-Sawsan Abdel Moneim Biomechanics
Recommended books and references (scientific journals, reports...)	Talha Hossam El-Din Biomechanics
Electronic References, Websites	Journal of Physical Education Studies and Research

Course Name:					
Sports training					
Course Code:					
The second phase					
Semester / Year:					
Annual					
Description Preparation Date:					
Date this description was prepared: 02/14/2024					
Available Attendance Forms:					
My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours annually. (2) hours per week					
Course administrator's name (mention all, if more than one name)					
Teaching name: Prof. Dr. Majid Ali Mousa Teaching name: Prof. Dr. Sadiq Abbas Teaching name: Prof. Dr. Adel Majeed					
Course Objectives					
Course Objectives 1- Teaching the basics of sports training 2-Building sports training programs 3-Methods of sports training 4-Physical characteristics of sports training					
Teaching and Learning Strategies					
Strategy		1- Enabling students to apply physical exercises. 2- Enabling students to obtain knowledge and understanding in applying sports training methods. 3- Enabling students to review the library and obtain the necessary resources for sports training. 4- Enabling students to apply sports training to players in a practical way			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2		The concept of sports training		Weekly, monthly, daily, written exams, and the end-of-year exam.
2	2		Objectives and duties of sports training		
3	2				
4	2		Training load, types of load		
5	2		Pregnancy components		
6	2		Severity classification		

			methods	
7	2		Severity classification methods	
8	2		Exam	
9	2		The healthy effects of stress training	
10	2		Training rules, general preparation rule	
11	2		The rule of regularity, the rule of continuity	
12	2		Independent and group training	
13	2		Base zeroing + knowledge, Clarity rule	
14	2		Elements of mathematical numbers General preparation elements	
15	2		Special setting elements	
	2		Vacation	
16	2		Construction phase	
17	2		Specialization stage	
18	2		Summit stage	
19	2		Sports League Department	
20	2		Sports League Department	
21	2		Physical fitness concept and importance	
22	2		Fitness components - The characteristic of strength	
23	2		-Speed+table recipe Exam	
24	2		Description + fitness	

			Sports records		
25	2		Personal athlete of superiority		
26	2		Components of an athletic figure		
27	2		It plays between coaches and athletes		
28			Health status is unlimited		
29	2		Invisible training + self-training		
30	2		review		

Course Evaluation

Distribution is as follows: 25 marks for monthly and daily exams for the first semester. 25 marks for monthly and daily exams for the second semester. 50 marks for final exam

Learning and Teaching Resources

Required textbooks (curricular books, if any)	
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

43. Course Name:					
Principles of statistics in physical education					
44. Course Code:					
The second phase					
45. Semester / Year:					
					Year
46. Description Preparation Date:					
					14/2/2024
47. Available Attendance Forms:					
The closed hall					
48. Number of Credit Hours (Total) / Number of Units (Total)					
					60 hours 2 hours in a week
49. Course administrator's name (mention all, if more than one name)					
Name:D.R Mustafa Abdel Rahman Name:D,R Zainab Abdel Rahim Name: D.RMuhammad Abdel Razzaq					
50. Course Objectives					
1- -Teaching students the laws of mathematical statistics and its chapters 2-How to arrange data in the form of a table 3- How to process data statistically 4- Explaining the importance of mathematical statistics in scientific research.					
51. Teaching and Learning Strategies					
Strategy	1- Teaching mathematical writing according to its chapters 2- Teaching students about the steps for processing statistical data 3- Teaching students the importance of other sciences that support writing mathematical statistics 4- Teaching how to access important scientific sources in mathematical statistics				
52. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1		The concept of mathematical statistics		Explanation, application, questions and discussion	Weekly, monthly, daily, written exams, and the end-of-year exam.
2		The importance and types of mathematical statistics			
3		How to design a frequency distribution table			
4		Measures of central tendency			
5		SMA			
6		Mediator			

7		Loom			
8	2	Measures of dispersion			
9	2	Find the range			
10	2	Standard deviation of untabulated data			
11	2	Standard deviation of tabulated data			
12	2	Variance of untabulated data			
13	2	Variance of data is tabulated			
14	2	Coefficient of variation			
15	2	Exam			
16	2	Correlation coefficient			
17	2	Simple correlation (Pearson)			
18	2	Methods for calculating simple correlation (deviations method)			
19	2	Methods for calculating simple correlation (direct method)			
20	2	Rank correlation calculation (Spearman)			
21	2	T-Test of significance of differences			
22	2	The significance of the difference between the means (for two independent samples of equal numbers)			
23	2	The significance of the difference between two uncorrelated means and two unequal samples is greater or equal			
24	2	30			
25	2	The significance of the difference between two uncorrelated means and two unequal samples is less than 30			
26		The significance of the difference between two interconnected means and two equal samples			
27		Review all topics			
28		Exam			
29					
30					

53. Course Evaluation**Distribution as follows:****25 marks for monthly and daily exams for the first semester.****25 marks for monthly and daily exams for the second semester.****50 marks for final exams****54. Learning and Teaching Resources**

Required textbooks (curricular books, if any)	1-Principles of statistics in physical education Written by: Professor Qais Naji Abdel-Jabbar and Professor Shamil Kamel Muhammad 2- Previous previous dissertations and letters
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

55. Course Name:	
Crimes of the defunct Baath Party	
56. Course Code:	
57. Semester / Year:	
2023-2024	
58. Description Preparation Date:	
2024/2/1	
59. Available Attendance Forms:	
60. Number of Credit Hours (Total) / Number of Units (Total)	
houer 60	
61. Course administrator's name (mention all, if more than one name)	
Name: saeed Hussein hassan Email: saeed.hassan@uobasrah.edu.iq	
62. Course Objectives	
Course Objectives	<p>1 - Explaining the nature of the political system that the Baath Party worked to form, which was known to be a totalitarian regime similar to the Nazi regime in Germany, a regime that everyone is aware of the crimes it caused, and this matter applies to Iraq in the eraBa'ath Party.</p> <p>Study the social and psychological effects that resulted from collective donations, human rights violations, forced displacement, mass graves, the draining of the marshes, and others</p>
63. Teaching and Learning Strategies	
Strategy	<p>1_ Explaining to students the crimes of the Baath and the corruption of its ideas.</p> <p>2 - Creating the appropriate and necessary awareness to block the way for attempts to recycle once again or whitewash the history of the Baath regime.</p> <p>3_ As a result of the Baath regime in Iraq committing a large number of different crimes during its rule, it is necessary to explain their concepts and define them for students so that they are aware and aware of what they are going through and that is related to the subject of the curriculum.</p> <p>4 An explanation of the violations to which the Iraqi people were exposed under the Baath regime and the negative effects resulting from taking over The Baath regime of government from 1968 until 200.</p>
64. Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc	
65. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	<p>1_ Curriculum for the academic.</p> <p>Views from the information network</p> <p>Curriculum for the academic subject. (Internet</p>
Main references (sources)	<p>Daily duties</p> <p>Quarterly reports on the academic subject</p>

Recommended books and references (scientific journals, reports...)	Solving problems that require direct intervention from the subject. teacher or educational supervisor in the educational institution.
Electronic References, Websites	

11_Course structure					
Week	hours	Required learning outcomes	Name of the unit or topic	Learning method	Evaluation method
1		: Violations of rights and freedoms. A descriptive overview of the systems Politics in Iraq (1921-2003) The first axis: the system(1921-1958) Royal The second axis: The covenant(1958-1968) Republican		Class lectures	Questions and discussion
2		Abuses of the Baathist regime: Public rights and freedoms.		Class lecture	Questions and discussion
3		Violations of public freedoms.		Class lecture	
4		Violation of the right to party pluralism.		Class lecture	Questions and discussion
5		Violations affecting social rights Class lectures Questions and discussion political and cultural		Class lecture	Questions and discussion

6		Other social rights		Class lecture	Questions and discussion
7		Violation of rights and freedoms Lectures Questions and discussion Cultural		Class lecture	Questions and discussion
8		violation of international law		Class lecture	Questions and discussion
9		The First and Second Gulf War		Class lecture	Questions and discussion
		The impact of internal system behaviors In society and its authority over The state		Class lecture	Questions and discussion
10		detains foreigners within Iraq		Class lecture	Questions and discussion
11		limited the three powers to one hand The Baathist regime's		Class lecture	Questions and discussion
12		ruling powers under the regime		Class lecture	Questions and discussion
13		Party requirements Limitation of authority		Class lecture	Questions and discussion
14		The impact of the transitional period on Fighting authoritarian politics		Class lecture	Questions and discussion
15		Advantages of transitional justice.		Class lecture	Questions and discussion
16		The end of the first semester exam		Class lecture	Questions and discussion
17		Objectives of transitional justice		Class lecture	Questions and discussion
18		Reforming institutions, celebrating and reviving collective memory the psychological field		Class lecture	Questions and discussion
19		The mechanism of scientific		Class lecture	Questions

		and cultural lack of psychological, social and educational effects and consequences in the social field			and discussion
20		The dialectic between the ruler and the citizen		Class lecture	Questions and discussion
21		The dialectic between the ruler and the citizen Hypocrisy, injustice, and promoting a culture of praise		Class lecture	Questions and discussion
22		Religion and the State Crimes of preventing the dissemination of religious teachings and confiscating science and knowledge		Class lecture	Questions and discussion
23		The impact of oppression and wars on the environment and population		Class lecture	Questions and discussion
24		scorched earth policy		Class lecture	Questions and discussion
25		Minefields and violations The war		Class lecture	Questions and discussion
26		drains the marshes and forced migration		Class lecture	Questions and discussion
27		Destruction of the agricultural and animal environment and pollution Lectures, questions and discussion the line Radioactive		Class lecture	Questions and discussion
28		bulldozing of palm groves Basra		Class lecture	Questions and discussion
29		mass graves and bombing Lectures questions and class discussion Places of		Class lecture	Questions and discussion
30		worship end of second semester exam		Class lecture	Questions and discussion

Course Description Form

Course Name: Methods of teaching the second stage					
Course Code:					
Semester / Year: annual					
Description Preparation Date: 14/ 02/ 2024					
Available Attendance Forms: Outdoor playgrounds in college					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours annually. (2) hours per week					
Course administrator's name (mention all, if more than one name)					
<p>Name: Prof. Dr. Intisar Ahmed Email: intsar.ahmed@uobasrah.edu.iq</p> <p>Name: Prof. Dr. Ali Jabbar Email: ali_h.jabbar@uobasrah.edu.iq</p> <p>Name: Dr. Mustafa Abdulridha Email: mustafa.kadhim@uobasrah.edu.iq</p>					
Course Objectives					
Course Objectives	<p>Teaching the concepts of teaching methods and their objectives for the primary stage</p> <p>Teaching the basics of physical exercises</p> <p>The educational unit for the primary stage and its sections</p>				
Teaching and Learning Strategies					
Strategy	Cooperative learning - active learning				
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	For students to know the concepts of teaching methods	Concepts of teaching methods and general and specific objectives for the primary stage	Theoretical explanation and practical application	Weekly, monthly, daily, written exams, and the end-of-year exam
2					
3					
4					
5					
6		For students to distinguish between general and specific goals	Concepts of teaching methods and general and specific objectives for the primary stage		
7					
8					
9					
10					
11		For students to know the instruction and its parts	Physical education teacher		
12					
13					
14					
15					
			Instruction, its parts, components and applications		

<p>Exam 16 17 18 19 20 21 22 23 24 25 26 27 28 29 exam</p>		<p>For students to distinguish types of physical exercises</p> <p>For students to know the methods of teaching physical education for the primary stage</p> <p>For students to implement the physical education lesson plan</p>	<p>Instruction, its parts, components and applications</p> <p>Positions and movements</p> <p>Positions and movements</p> <p>1Sports formations and offers</p> <p>Sports formations and offers</p> <p>Physical exercises, their types, components and writing</p> <p>Physical exercises, their types, components and writing</p> <p>Teaching physical exercises</p> <p>Teaching physical exercises</p> <p>Exam</p> <p>Stages of development of teaching skills</p> <p>Stages of development of teaching skills</p> <p>Solo teaching and peer teaching</p> <p>Solo teaching and peer teaching</p> <p>Teaching small groups for the introductory part</p> <p>Teaching small groups for the introductory part</p> <p>Teaching small groups for the main part</p> <p>Teaching small groups for the main part</p> <p>Teaching small groups for the concluding part</p> <p>Teaching small groups for the concluding part</p> <p>Exam</p> <p>Methods of teaching physical education in the</p>		
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			primary stage Methods of teaching physical education in the primary stage Physical education lesson plan for the primary stage and its teaching Physical education lesson plan for the primary stage and its teaching		
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)			Teaching methods in physical education Dr.. Abbas Ahmed Saleh		
Main references (sources)			Teaching methods in physical education Dr.. Abbas Ahmed Saleh Principles of teaching physical education Dr.. Lamia Al-Diwan, Hussein Ali Al-Sheikh		
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites					

Course Description Form

Course Name:					
Handball					
Course Code:					
The second phase					
Semester / Year:					
Year					
Description Preparation Date:					
14/2/2024					
Available Attendance Forms:					
The closed hall					
Number of Credit Hours (Total) / Number of Units (Total)					
120 hours					
4 hours in a week					
Course administrator's name (mention all, if more than one name)					
Teaching name: Prof. Dr. Sadiq Abbas Ali					
Teaching name: Prof. Dr. Kazem Habib Abbas					
Teaching name: Prof. Dr. Osama Sobeih					
Teaching name: Prof. Dr. Faisal Ghazi					
Course Objectives					
Teaching students the basics of the history of handball, how it originated, and when the game entered Iraq					
<ul style="list-style-type: none"> - Teaching students and mastering the principles and basics of the game of handball - Teaching the law of the game in handball - Explaining the importance of mastering the game for students 					
Teaching and Learning Strategies					
Strategy	<ul style="list-style-type: none"> - Providing students with the basic concepts of the game of handball. - Clarifying and explaining the course vocabulary - Explaining and clarifying how to perform each skill separately and how to master it - Explaining and clarifying how to perform each skill and linking it to the previous skills - Explaining and clarifying how international handball law is theoretical and applied in the practical field. 				
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4	The history of handball, how it entered the game to Iraq		Explanation, application, questions and discussion	Weekly, monthly, daily, written exams, and the end-of-year exam.
2	4				
3	4				
4	4	Basic handball skills: catching the ball (with one hand and both hands)			
5	4				
6	4				
7	4				
8	4				
9	4				
10	4				

11	4	With both hands) +			
12	4	Handball Law, Article			
13	4	(1)			
14	4	Handball court			
15	4	Receiving the ball (high			
16	4	and low) + Article (2)			
17	4	Match time			
18	4	Catch the ball and			
19	4	control it			
20	4	Communion: Whip			
21	4	Communion (from			
22	4	above the head)			
23	4	+ Article (3) the ball			
24	4	Handling: Whip			
25	4	Handling (from the			
26		level of the head) +			
27		repeating the law			
28		course			
29		Whip handling from			
30		pelvic and knee level +			
		Article (4) Equipment			
		and players			
		Exam			
		Deception: Without the			
		ball (change of speed			
		and change of			
		direction) + Article (12)			
		goalkeeper throw			
		Ball deception (simple -			
		double - compound -			
		umbrella).			
) + Article (13) Free			
		throw			
		Goalkeeper: his duties -			
		his qualities - the			
		defensive stance			
		Defensive stance - the			
		skill of blocking long			
		throws + Article (14) 7-			
		meter throw			
		Blocking side balls -			
		blocking each other			
		Special cases + Article			
		(15) General			
		Instructions			
		To execute throws			
		Goalkeeper offensive			
		skills			

		Reinstatement of the law (1-15) Exam			
Course Evaluation					
Distribution as follows: 25 marks for monthly and daily exams for the first semester. 25 marks for monthly and daily exams for the second semester. 50 marks for final exams					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)			1-Handball (Kamal Arif and Saad Mohsen) 2- Handball and its basic elements (Ahmed Oraibi Odeh) 3 - Handball (Dia Al-Khayyat and Nofal Al-Hayali) 4 – International Handball Law		
Main references (sources)					
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites					

Course Description Form

Course Name:					
Volleyball					
Course Code:					
Semester / Year:					
The second class 2024					
Description Preparation Date:					
1/ 9/ 2023					
Available Attendance Forms:					
The closed hall					
Number of Credit Hours (Total) / Number of Units (Total)					
120 hours					
Course administrator's name (mention all, if more than one name)					
Name: Muwafaq Sainakh Jaafar			Email: muwafaq.jaafar@uobasrah.edu.iq		
Name: Mohanad khairullah Jabbar			Email: mohanad.jabbar@uobasrah.edu.iq		
Name: Sameer khalaf jary					
Course Objectives :					
- Learn volleyball skills					
Learn to play on the field and know the law of the game -					
Learn the cognitive aspects of the game-					
Course Objectives			Teaching students volleyball skills with the law as much as possible		
Teaching and Learning Strategies					
Strategy		Teach students the necessary skills for the game, with full knowledge of its rules and method of playing			
:Course Structure					
Week	Hou rs	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4	Introducing students to the most important basic skills of the game and its divisions, while mentioning the most important features of	The volleyball	Explanatio n applicatio n	Theoretical practical
2	4	The skill of handling from the top of the front with the fingers			Theoretical practical
3		serving skill facing from below		Explanatio n applicatio n	
4		Practical applications	The volleyball		

5		Giving various exercises			
6		Playing two teams			Theoretical practical
7		Learn handling from above from different Sites	The volleyball		
8		Giving various exercises		Explanation application	
9		Practical applications			
10		Giving various exercises	The volleyball		
11		Practical applications of the tennis top serve skill, with various exercises			Theoretical practical
12		Explaining and applying the overhead serve Skill		Explanation application	
13		Explaining and applying the skill of receiving a serve from below with the arms, while giving various exercises	The volleyball		
14		Linking the skill of transmission with reception and handling from above			
15		Linking the skill of sending, receiving, and p setting			Theoretical practical
16		Holiday			
17		Explaining and applying the attack skill			
18		Practical applications of the attack skill, with various exercises	The volleyball	Explanation application	
19		Linking the attack skill with the skills of serving, receiving, and setting			Theoretical practical
20		Explanation of the blocking skill			
21		Applying types of blocks from the front three positions			
22		Practical applications of the setting skill from different locations		Explanation application	
23		Link the attack skill to the blocking skill	The volleyball		Theoretical practical
24		Play two teams			
25		Explaining and applying the skill of defense the field			

26		Practical applications of the skill of defense the field from different positions		Explanation application	
27		Linking the attack skill with the blocking and defense skill			Theoretical practical
28		Play two teams	The volleyball		
29		Theoretical exam			
30		Practical exam		Explanation application	Theoretical practical

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports.... etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	Volleyball for the second stage
Main references (sources)	Volleyball between theory and practice
Recommended books and references (scientific journals, reports...)	Volleyball, education, training and refereeing
Electronic References, Websites	

Course Description Form

Course Name:					
Athletics					
Course Code:					
Semester / Year:					
Year					
Description Preparation Date:					
14/ 02/ 2024					
Available Attendance Forms:					
presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(120) hours annually (4) hours per week					
Course administrator's name (mention all, if more than one name)					
Teaching name: A. Sabah Abdullah Ibrahim / Email: sabahabdallah.66@gmail.com					
Teaching name: M. Ali Hani Abdel Walid / Email: Ali.hani@uobasrah.edu.iq					
Teaching name: Lecturer Muhammad Najim Abdullah / Email: mohammed.najim@uobasrah.edu.iq					
Course Objectives					
1- Teaching students the basics of the arena and the field 2- Segmentation of the technical stages and their application 3- How to handle errors when applied					
Teaching and Learning Strategies					
A: Knowledge and understanding B: Subject-specific skills A: Teaching and learning methods D: Evaluation methods E: Thinking skills G: Teaching and learning methods H: Evaluation methods I: General and transferable skills (other skills related to employability and personal development)					
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
2	4	Explaining the technical stages of the 110m hurdles event Practical application of 110m hurdles Explain the law of effectiveness Practical exam Explaining the technical stages of the triple jump event	Basics of relay learning	Lectures/ the line	Weekly, monthly, daily, written exams, and the end-of-year exam.
3			Artistic		
4			For games		
5			Arena		
6			And the field		
7			theoretical		
8			And my work		
9					
10					
11					
12					
13					

<p>14 15 vacation 16 17 18 19 19 20 21 22 23 24 25 26 27 28 29 30</p>		<p>The application of effectiveness is practical Explain the law of effectiveness Practical exam Replay of the two theoretical activities Theoretical exam Explaining the technical stages of the discus throwing event The application of effectiveness is practical without a tool The application of the event is practical with the presence of the tool and throwing Explanation of the law You write a practical exam and complete it Explaining the technical stages of the event Intermediate: 800 AD and 1500 AD with law The application of effectiveness is practical Practical exam Explaining the effectiveness of pole vaulting in theory with an application Practical for holding the stick only Explaining the technical stages of the hammer throwing event The application of effectiveness is practical without a tool The application of the event is practical with</p>			
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		<p>the presence of the tool and throwing</p> <p>Explanation of the law</p> <p>Explanation of the event of running the 3000 m steeplechase</p> <p>Application of effectiveness</p> <p>Basics of relay learning</p> <p>Artistic</p> <p>For games</p> <p>Arena</p> <p>And the field</p> <p>theoretical</p> <p>And my work against barriers</p> <p>Explanation of the law</p> <p>Explaining the event of the 4 x 400m post race</p> <p>Effectiveness application</p> <p>Explanation of the law</p> <p>Practical exam</p> <p>Theoretical exam</p> <p>Final practical exam</p>			
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Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	<ul style="list-style-type: none"> - Arena and field games book ((methodical book)) - Book of Modern Educational and Refereeing Foundations in Athletics ((Auxiliary Methodical Book))
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	Comprehensive sports library world wide web

Course Description Form

Course Name: Basketball					
Course Code: second stage					
Semester / Year: Annual					
Description Preparation Date: 14/2/2024					
Available Attendance Forms: presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours annually.					
(2) hours per week					
Course administrator's name (mention all, if more than one name)					
Name: Prof. Dr. Thamer Kadhim Irhaym					
Email: thamer.irhayvm@uobasrah.edu.iq					
Name : Prof. Dr. Ali Ashour Obaid					
Email					
Course Objectives					
Course Objectives				Cognitive goal	
				Development goals	
Teaching and Learning Strategies					
Strat					
egy	<ol style="list-style-type: none"> 1. Enhancing students' abilities to utilize them effectively in the teaching process. 2. Cultivating both skill and physical prowess. 3. Engaging students in training sessions and referee workshops. 4. Equipping students to implement acquired knowledge from both practical and theoretical lessons. 				
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1		Introduction to basketball			
2		Article 1: Definition of the game			
3					
4		Article 2: The stadium			
5		Devices and tools			
6		Article 3: The difference			
7		Article 4: Players. injury			

8		Article 5: Team leader:			
9		his duties and powers			
10		Article 6: Trainers: their			
11		duties and powers			
12		Rulers: their duties and			
13		powers			
14		Playing rules	Basketball	Lecture	Weekly,
15		Playing time - score tied		& discuss	monthly,
16		Theoretical exam,			daily,
17		semester 1			exams, and
18		Practical exam semester 1			Final exams
19		- Extra times			
20		Possession and mutual			
21		possession			
22		Losing the match by			
23		failure			
24		The violation and its types			
25		Error and its types			
26		Refereeing mechanic with			
28		3 referees			
29		Registration Form			
30		Arbitration signals			
		Team errors			

Course Evaluation					
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Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
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Learning and Teaching Resources					
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Required textbooks (curricular books, if any)			International Basketball Law		
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Main references (sources)			International basketball law + external lectures		
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Recommended books and references (scientific journals, reports...)			Reports		
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Electronic References, Websites			Electronic references, Internet sites Multiple resources		
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Course Description Form

Course Name:					
University of Basra					
Course Code:					
College of Physical Education and Sports Sciences					
Semester / Year:					
second phase/yearly					
Description Preparation Date:					
1/2/2024					
Available Attendance Forms:					
closed boxing hall					
Number of Credit Hours (Total) / Number of Units (Total)					
60 hours					
Course administrator's name (mention all, if more than one name)					
Name: dr.fouad abd almahdey & abdallh tahsen Email: abdaiih tahsen@gmali.com					
Course Objectives					
Course Objectives			1teaching students the basics of boxing and its law..... how to perform s;ills..... knowledge of the low.....		
Teaching and Learning Strategies					
Strategy		direct delivery. application performance question and discussion			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
13	60				

Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)					
Main references (sources)					
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites					

Course Description Form

66. Course Name:					
Albasrah university					
67. Course Code:					
College of Physical Education and Sports Sciences					
68. Semester / Year:					
Artistic gymnastics for women for the third stage					
69. Description Preparation Date:					
2024/2/14					
70. Available Attendance Forms:					
floor gymnasium hall					
71. Number of Credit Hours (Total) / Number of Units (Total)					
hours 60					
72. Course administrator's name (mention all, if more than one name)					
Name: Assistant Professor :Zeinab Sabah Ibrahim Email: zainab.sabah@uobasrah.edu.iq					
73. Course Objectives					
Course Objectives			<ul style="list-style-type: none"> • Teaching students international women’s law and explaining its importance when performing movements especially in tournaments to evaluate the performance of movements • How to learn and perform movements and skills gradually • How to perform movements correctly and without errors • The importance of performing the movements while maintaining the student’s safety during performance so that she is not exposed to injury during the skillful performance of the movements 		
74. Teaching and Learning Strategies					
Strategy	<ul style="list-style-type: none"> Enabling female students to manage exercises and perform various movements. Enabling female students to obtain knowledge and understanding in addressing skills performance problems. Enabling female students to understand the importance of accompanying music with movement performance 				
75. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
	2 hours	Enabling	Artistic		ive participation in the

		female students to manage exercises and perform various movements.	gymnastics for women for the third stage	1- Explanation of the subject by the subject teacher, with the use of modern illustrative means to display mathematical skills, such as screens and data shows. 2-Demonstrating skills before the subject school or through a live model.	lecture. Applying practical skills. Practical and daily exams. Quarterly, annual, practical and theoretical exams
76. Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
77. Learning and Teaching Resources					
Required textbooks (curricular books, if any)			International women's artistic gymnastics code 2022-2024		
Main references (sources)			International women's artistic gymnastics code		
Recommended books and references (scientific journals, reports...)			International women's artistic gymnastics code 2022-2024 Prepared by the Women's Technical Committee, February 2020 Translated by Saleh Jaafar Issa Nour		
Electronic References, Websites			Internet resources and exercises offered on the Internet		

Course Description Form

78. Course Name: gymnastics					
79. Course Code:					
80. Semester / Year: year / second					
81. Description Preparation Date: 7 / 2 / 2024					
82. Available Attendance Forms:					
83. Number of Credit Hours (Total) / Number of Units (Total) : 120					
84. Course administrator's name (mention all, if more than one name) Name: dr. Laith Mohammed Hussein me: dr. Ali Jasim Kareem me: dr. Zaki Naser Shaban me: dr. Kadim Essa Kadim					
85. Course Objectives					
Course Objectives					
86. Teaching and Learning Strategies					
Strategy					
87. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4	- Types of rollers	Floor exercises	Diverse	practical
2	4	-hand Stand		Diverse	practical
3	4	- cart wheel		Diverse	practical
4	4	-Round off		Diverse	practical
5	4	- Men's swing in and out alternately	Pommel horse	Diverse	practical
6	4	- Rotate the leg right then left		Diverse	practical
7	4	- Front scissor		Diverse	practical

8	4	- Landing from the side		Diverse	practical
9	4	- Front and back swing	Ring	Diverse	practical
10	4	- Inverted attachment + angle fulcrum		Diverse	practical
11	4	- Landing in Damascus		Diverse	practical
12	4	Repeat previous movements		Total method	practical
13	4	- Practical exam for the first semester			
14	4	Theoretical lecture			
15	2	Theoretical lecture			
	2	- Theoretical exam for the first semester			
16	4	- Jumping in Dama	Jumping platform	Diverse	practical
17	4	- Jumping open		Diverse	practical
18	4	- Front and back swing	Parallel	Diverse	practical
19	4	- Weighted shoulder stand		Diverse	practical
20	4	- Back roll		Diverse	practical
21	4	- Landing from the front and back swing		Diverse	practical
22	4	Forward and backward swing	High Bar	Diverse	practical
23	4	Ascension by backward rotation		Diverse	practical
24	4	Small back circle		Diverse	practical
25	4	Landing		Diverse	practical
26	4	Repeat previous movements			

27	4	- Practical exam for the first semester			
28	2	Theoretical lecture			
	2	- Theoretical exam for the first semester			
29	4	Repeat previous movements			
30	4	Final practical exam			

88. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

89. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Yorcken Lairsch (and others): Theoretical foundations of Gymnastics, 2nd edition, Baghdad, Offset Munir Press, 1978 AD.
Main references (sources)	Mayouf Thanoun Hantoush (and others): Technical and educational principles of gymnastics physical exercises, Mosul, Mosul University Press, 1985 AD.
Recommended books and references (scientific journals, reports...)	International Arbitration Law, translated and prepared by Salah Askar 2013
Electronic References, Websites	

Course Description Form

Course Name:					
Scientific Research					
Course Code:					
Semester / Year:					
th phase \ yearly 3					
Description Preparation Date:					
2024-02-14					
Available Attendance Forms:					
My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours yearly. (2) hours week					
Course administrator's name (mention all, if more than one name)					
Name: Dr.Dhurgham A.Al-Salam Neamah Dr.Riyadh Nouri Abbas Dr.Wathiq A.Al-Sahib Aubid Email: Dr.Dhurgham@uobasrah.edu.iq					
Course Objectives					
Course Objectives			A: Knowledge and understanding 1-Enabling students to know the importance of scientific research 2- Enabling students to recognize how to formulate a research problem 3- Enabling students to understand scientific research vocabulary. 4- Enabling students to choose research topics that serve the community within their specific specialty		
Teaching and Learning Strategies					
Strategy		Teaching students the necessary skills to write scientific research, knowing how to choose a research topic, How to sequence in writing scientific research, how to write sources in the research method.			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1		Introduction to the study of research methods	Scientific Research		
2		Analysis of the problem includes the following: 1- Choose and define the research problem	Scientific Research		

		<p>2- Sources for choosing the research problem</p> <p>3- Formulating the research problem</p>			
3		<p>4-The declarative method</p> <p>5-The interrogative method</p> <p>6-Preparing a research plan or project</p> <p>7-Elements and contents of the plan or Research project</p>	Scientific Research		
4		<p>-Types of research hypotheses</p> <p>-Characteristics of research hypotheses</p> <p>-Relationships in research</p> <p>-Types of problems</p> <p>-The experimental variable or independent variable</p>	Scientific Research		
5		<p>Study hypotheses include:</p> <p>-Dependent variable</p> <p>-The independent variable</p> <p>-The control variable</p> <p>-Extraneous variable (mediator)</p> <p>-Methods of adjusting variables</p>	Scientific Research		
6		<p>The structure, form and steps of the research Plan models for the research problem, the research introduction, and</p>	Scientific Research		

		its importance			
7		Exam	Scientific Research		
8		Research tools, means of collecting data, and methods of recording them Data collection methods 1- Observation 2-The questionnaire	Scientific Research		
9		3-Personal interview 4-Tests 5-Samples	Scientific Research		
10		Assumptions of the scientific method and the goals of science Pre-writing	Scientific Research		
11		1- Evaluation of sources 2- Determine the final image sources 3- Search volume 4- Adherence to the rules of the Arabic language	Scientific Research		
12		5-Scientific writing style 6-How to write numbers, dates, and names of countries 7- Adherence to the etiquette of dialogue and discussion	Scientific Research		
13		Historical method	Scientific Research		
14		Descriptive method	Scientific Research		
15		Exam	Scientific Research		
16		Noun	Scientific Research		
17		Review	Scientific Research		
18		Experimental method	Scientific Research		
19		Tube and arrange search components	Scientific Research		

		<p>An editorial theoretical structure for research</p> <p>1-The introductory part</p> <p>2- The body of the research</p> <p>3- Conclusion of the research</p> <p>4-Sources, appendices and appendices</p>			
20		<p>Authors' entries to the sources and their bibliographic data</p> <p>1- Authors' introduction or principles of authorship responsibility</p> <p>2-Bibliographic data of the sources</p> <p>3- How to document sources and prepare a list of them</p> <p>4- Documenting and writing reference citations (quotation)</p> <p>5-Prepare a list of sources</p>	Scientific Research		
21		<p>3- How to document sources and prepare a list of them</p> <p>4- Documenting and writing reference citations (quotation)</p> <p>5-Prepare a list of sources</p>	Scientific Research		
22		<p>Writing and printing</p> <p>First: Writing:</p>	Scientific Research		

		1-Write the draft 2- Review the final draft			
23		Second: printing 1-Formal and standard specifications for research 2- Review and correct typographical errors 3- Binding and final appearance	Scientific Research		
24		Exam	Scientific Research		
25		Appendices Appendix I: List of general abbreviations Appendix II: List of terms	Scientific Research		
26		Appendix Three: List of tables Appendix Four: List of Figures Appendix Five: List of experts	Scientific Research		
27		Appendix Six: Official correspondence to facilitate the researcher's mission to the official authorities related to the research Appendix Seven: List of experts	Scientific Research		
28		Appendix Eight: Questionnaire forms Appendix Nine: Appendix of the standards or credibility of the classified devices after their scientific	Scientific Research		

		calibration and evaluation.			
29		Student duties and conducting the written semester exam	Scientific Research		
30		Exam	Scientific Research		
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)			Basics of Scientific Research, written by: Haider Abdel Razzaq		
Main references (sources)			Scientific research, written by: Ikhlas Abdel Hamid 2-Scientific research, written by: Wajih Mahjoub Scientific Research Tools, written by: Mohsen Ali Musa		
Recommended books and references (scientific journals, reports...)			Journals, theses and scientific theses		
Electronic References, Websites					

Course Description Form

90.	Course Name:	Physiology			
91.	Course Code:				
92.	Semester / Year:	Annually			
93.	Description Preparation Date:	4/ 2022/14			
		94. Available Attendance Forms:			
		Attending classrooms			
		95. Number of Credit Hours (Total) / Number of Units (Total)			
		60			
		2			
		96. Course administrator's name (mention all, if more than one name)			
Name: prof . Ammar Jasim , prof . Falah Mahdi Abood , prof. Yaseen Habeeb Azzal Email: ammarjasim68@gmail.com , dr.falah1972@gmail.com , yassein.azzal@uobasrah.edu.iq					
		97. Course Objectives			
Course Objectives		Students learned the basics of physiology in the athlete's body -			
		98. Teaching and Learning Strategies			
Strategy		Using educational methods to explain and understand the curriculum items- - Developing students' abilities in how to discuss curriculum topics			
		99. Course Structure			
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	Cell and its structure	Physiology	Lecturers	Discussions
2		Cell mechanism			
3		Circulatory system & myocardium			
4		Blood vessels			
5		Autonomic nervous system			
6		Athletic heart			
7		Electrocardiogram			
8		The effect of training on myocardium			
9		Blood circulation / Arteries			
10		Blood circulation / Veins			
11		The speed of blood flow			
12		The effect of gravity on hydrodynamics			
13		Altitude & the effect of the athletic training			
14		Blood pressure & the effect of the			

15	letic training am			
16	lood functions			
17	lood components			
18	espiratory System / lungs			
19	eaching mechanism			
20	lmonary circulation			
21	reathing air composition and l capacity			
22	ervous regulation of breathing ports activity and breathing			
23	he effect of atmospheric			
24	ssure on breathing uscular system/striated			
25	smooth muscles euromuscular connection			
26	uscle fatigue/muscle rest			
27	orts activity and muscles			
28	uids/Water Functions/Body			
29	at -Exam			
30				

100. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

101. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Physiology
Main references (sources)	Athletic heart
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

rehabilitation Course name : Physical injuries and their					
: Course Code					
Semester / Year					
Annual					
: 02/14/2024 Date this description was prepared					
: Available forms of attendance					
My presence only					
:(Number of study hours (total)/number of units (total					
. An hour annually (. 30.....)					
An hour a week (.2.....)					
(Name of the course administrator (if more than one name is mentioned					
Shnein Munahi the name Teaching: Prof. Dr. Kamil					
email kamil.munahi@uobasrah.edu.iq					
Course objectives					
their most important causes, and how to treat them , Introducing the student to physical injuries					
Introducing the student to rehabilitation methods and how to qualify					
Teaching and learning strategies					
.Education strategy collaborative concept planning 1-					The strategy
.strategy Brainstorming education2-					
3- Education Strategy Notes Series					
Course structure					
Evaluation method	Learning method	Name of the unit or topic	Required learning outcomes	hours	the week
Course evaluation					
Course structure					
discussion	Lectures	Physical injuries	nutrition	2	1
discussion	Lectures	Physical injuries	Vitamins	2	2
discussion	Lectures	Physical injuries	Mineral salts and athlete nutrition	2	3
discussion	Lectures	Physical injuries	Sports injuries and their types	2	4
discussion	Lectures	Physical injuries	Skin injuries	2	5
discussion	Lectures	Physical injuries	Muscle injuries	2	6
discussion	Lectures	Physical injuries	Bone injuries	2	7

discussion	Lectures	Physical injuries	Joint injuries	2	8
discussion	Lectures	Physical injuries	Upper extremity shoulder and clavicle injuries	2	9
discussion	Lectures	Physical injuries	Elbow and hand	2	10
discussion	Lectures	Physical injuries	Lower extremity injuries, thigh pelvis and	2	11
discussion	Lectures	Physical injuries	knee	2	12
discussion	Lectures	Physical injuries	Foot	2	13
discussion	Lectures	Physical injuries	Spinal injuries	2	14
Questions	the line	Physical injuries	Exam	2	15
					vacation
discussion	Lectures	Physical injuries	Injuries that do not involve muscle and bone	2	16
discussion	Lectures	Physical injuries	Steroids and their types	2	17
discussion	Lectures	Physical injuries	Disadvantages and ways to detect them	2	18
discussion	Lectures	Physical injuries	pharmaceutical	2	19
discussion	Lectures	Physical injuries	Some selected sports medicines	2	20
discussion	Lectures	Physical injuries	Thermal diseases	2	21
discussion	Lectures	Physical injuries	Prevention of thermal diseases	2	22
discussion	Lectures	Physical injuries	Situations threatening the athlete's life	2	23
discussion	Lectures	Physical injuries	Cardiac arrest	2	24
discussion	Lectures	Physical injuries	Head and neck injuries	2	25
discussion	Lectures	Physical injuries	Sports women	2	26
discussion	Lectures	Physical injuries	natural therapy	2	27
discussion	Lectures	Physical injuries	Therapeutic and rehabilitative exercises	2	28
discussion	Lectures	Physical injuries	Methods of connecting joints	2	29
Questions	the line	Physical	Exam	2	30

		injuries		
Distribution is as follows : 25 marks for monthly and daily exams for the first semester . 25 marks for monthly and daily exams for the second semester . 50 marks for final exams				
Learning and teaching resources				
Medicine , Riyadh: Author Ammar Abdul Rahman		(methodology, if any) Required textbooks		
Physiotherapy : Samia Khalil		(Main references (sources		
		Recommended supporting books and references (....scientific journals, reports)		
		Electronic references , Internet sites		

Course Description Form

102. Course Name:					
Motor learning					
103. Course Code:					
104. Semester / Year:					
Year					
105. Description Preparation Date:					
1/9/2023					
106. Available Attendance Forms:					
Theoretical lectures in attendance					
107. Number of Credit Hours (Total) / Number of Units (Total)					
(600) hours annually.					
(Two hours) One hour per week					
108. Course administrator's name (mention all, if more than one name)					
me: Professor Prof. Montather Majeed Ali oject Teacher Prof. Ali Farhan Hussein Subject Teacher Prof. Naji Mutashar Ezzat					
109. Course Objectives					
Course Objectives	The course is interested in learning about the neural foundations of learning different motor skills.				
	Identify the most important mental processes and study the factors affecting skill acquisition and development.				
	The course focuses specifically on analyzing the functioning of learning mechanisms and information processing methods.				
110. Teaching and Learning Strategies					
Strategy	1- Preparing cadres capable of dealing with the mechanisms of teaching skills and teaching physical education 2- Transferring the concepts of motor learning to the sports field and daily life.				
111. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	The concept of learning and motor learning	Meaning of learning - motor learning - learning factors The concept of motor compatibility Stage theory (motor learning pathways) Cognitive theory - kinetic value theory The meaning and importance of learning - types of learning curves - statistical forms of learning curves Stages of dealing with information Simple Kinetic Compatibility System – A compatibility system that takes the comparison of duty...	L e c t u r e	Q u e s t i o n & D

			Information Analysis System - Kinetic Disposition System Types of feedback - benefits - conditions Motor action - attention - concentration - reaction Latent verb (perception) Latent verb (intelligence) Latent action (perception - kinetic imagination)			i
2	2	Motor compatibility	Latent verb (thinking – remembering)	=	=	s
3	2	Motor learning theories	All the vocabulary of the first semester Senses (sight-hearing-touch) nervous system	=	=	c
4		Motor learning theories	Kinetic construction and phenotypic Internal motor construction (mechanical)	=	=	u
5	2	Kinetic learning curve	Transportation between trunk and limbs	=	=	s
6	2	Information System	Head Steering Duty - Examples of Motor Transmission	=	=	s
7	2	Kinetic Compatibility Systems	Field of motion – Kinetic trajectory – Time of motion	=	=	i
8	2	Kinetic Compatibility Systems	Dynamic Motion - Transition Knot - Streamlined Calendar	=	=	o
9	2	Feedback	Weight transition with group - auditory motor rhythm during performance	=	=	n
10	2	Mental processes	Kinetic Expectation Cases - Dodging Part of Expectation	=	=	
11	2	Mental processes	Meaning of harmonic power	=	=	
12	2	Mental processes	Skill – Skills Analysis	=	=	
13	2	Mental processes	Skills Classification - Closed and Open Skills	=	=	
14	2	Mental processes	Discrete - continuous - sequential skills	=	=	
15	2	First Semester Exam	Motor and sensory skills	=	=	
16	2	Motor acts and senses	Curriculum vocabulary	=	=	
17	2	Motor manifestations		=	=	
18	2	Motor manifestations		=	=	
19	2	Kinetic transmission		=	=	

20	2	Kinetic transmission		=	=
21	2	Aerodynamics		=	=
22	2	Aerodynamics		=	=
23	2	Motor rhythm		=	=
24	2	Kinetic expectation		=	=
25	2	Harmonic power		=	=
26	2	Kinetic qualities		=	=
27	2	Kinetic qualities		=	=
28	2	Kinetic qualities		=	=
29	2	Review		=	=
30	2	The second chapter exam.		=	=

112. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc.

113. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Books: The Origins of Motor Learning (Written by: Wa Mahgoub, Ahmed Badri) Assistant Book: Motor Learning Concepts and Applications (Written by: Muhammad Oneissi, Ali Muhammad)
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

Course Name:	Duel
Course Code:	The second phase
Semester / Year:	Year
Description Preparation Date:	14/2/2024
Available Attendance Forms:	The closed hall

Number of Credit Hours (Total) / Number of Units (Total)					
60 hours					
2 hours in a week					
Course administrator's name (mention all, if more than one name)					
Teaching name: Prof. Dr salam Jaber Abdullah					
. Teaching name: Prof. Dr . Mushtaq Hameed Abdullah					
Course Objectives					
1- Cognitive goal					
2- Development goals					
Teaching and Learning Strategies					
Strategy		1- Developing students' skills to benefit from them in teaching 2-Developing skill and physical capabilities 3- Involving students in training and arbitration courses 4- Preparing students			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	The concept of fencing (the history of fencing in the world		Established the vocabulary of the theoretical curriculum He established the vocabulary of the practical curriculum And apply it	Weekly, monthly, daily, written exams, and the end-of-year exam.
2	2	The history of fencing in the Arab world - The history of fencing in Iraq)			
3	2	Equipment for fencing players			
4	2	Basic fencing skills			
5	2	The basic situation of fencing			
6	2	Performing the touch for fencing (ready position for fencing - leg movement for fencing (advancement - withdrawal -)			
7	2	Defensive positions for fencing			
8	2	- Types of defense for fencing (stabbing skill for fencing)			
9	2	Types of attacks for fencing (varieties of attacks			
10	2	simple attack)			
11	2	Exam			
12	2	Direct straight stab (difficult to interrupt)			
13	2	The stab changes direction)			
14	2	Combination attack (scalar attack - circular attack).			
15	2	Counterattack - stop attack)			
16	2	Temporal health			
17	2	False worries			
18	2	Preparatory movements for the attack			
19	2				
20	2				
21	2				
22	2				
23	2				
24	2				
25	2				
26	2				
27	2				
28	2				
29	2				

30	2	Quarterly attacks (hitting, pressing, crushing) Seasonal grips (opposite grips - grips in agreement - grips with lateral and diagonal connections) Attack variants Response (simple direct response - simple indirect response - complex response - quick response - corresponding response - counter-response) Refereeing in fencing the law Arbitration form The game in fencing Fencing competitions Exam			
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Course Evaluation	
Distribution as follows: 25 marks for monthly and daily exams for the first semester. 25 marks for monthly and daily exams for the second semester. 50 marks for final exams	
Learning and Teaching Resources	
Required textbooks (curricular books, if any)	The concept of fencing International fencing law
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

Course Name: Foot ball					
Foot ball					
Course Code:					
Semester / Year:					
2023-2024					
Description Preparation Date:					
6/2/2024					
Available Attendance Forms:					
Outdoor football field - futsal football field – classrooms					
Number of Credit Hours (Total) / Number of Units (Total) : 60 hours					
60 hours					
Course administrator's name (mention all, if more than one name)					
Name: Hothifa Najem Kazaal					
Email: hothifa.najem@uobasrah.edu.iq					
Course Objectives					
1- Explaining the basic concepts in football training, such as the training unit, methods of sports training in football, concepts of defense and attack in football, game plans used, as well as nutrition for football athletes, common football injuries, and explaining the football law for futsal.					
Teaching and Learning Strategies					
<ol style="list-style-type: none"> 1. Theoretical explanation of the subject and opening the door to discussion with the students 2. Practical training for the theoretical material that was explained 3. Repetition and practice of the learning and training process 					
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	Reinstating the outdoor football law	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
2	2	Football training unit	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
3	2	Types of training units	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests

4	2	How to write and create a training unit	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
5	2	Football training methods- Continuous load training method	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
6	2	Interval training method Low intensity	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
7	2	Interval training method High intensity	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
8	2	Repetitive training method	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
9	2	Circuit training method	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
10	2	Football goalkeeper- Goalkeeper physical training	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
11	2	Goalkeeper skill and tactical training	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
1 12	2	Nutrition for football players	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
13	2	Nutrition supplement for football players	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
14	2	Practical exam	Foot ball		

15	2	Theoretical exam	Foot ball		
16	2	Common injuries to football players	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
17	2	Football defense- Football defense drills	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
18	2	Football defense plans- Exercises on these plans	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
19	2	Football attack- Football attack training	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
20	2	Football attack plans- Football attack training	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
21	2	Football game plans Explanation and exercises	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
22	2	Football game plans Explanation and exercises	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
23	2	Fixed cases in football Explanation and exercises A direct free kick has multiple sides and distances Indirect free kick	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
		Fixed cases in	Foot	Theoretical explanation	Practical and

24	2	football Explanation and exercises Corner kick Kick-in Goal throw kickoff	ball	And practical application	theoretical tests
25	2	Explanation and application of a summary of the articles of the Futsal Football Law	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
26	2	Explanation and application of a summary of the articles of the Futsal Football Law	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
27	2	Explanation and application of a summary of the articles of the Futsal Football Law	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
28	2	Explanation and application of a summary of the articles of the Futsal Football Law	Foot ball	Theoretical explanation And practical application	Practical and theoretical tests
29	2	Practical exam	Foot ball		
30	2	Theoretical exam	Foot ball		

Course Evaluation

1. Daily practical and theoretical tests
2. Theoretical exams
3. Practical exams

Learning and Teaching Resources

Required textbooks (curricular books, if any)	Subject curriculum: Football book by Zuhair Khashab And helpful books Football education and training for Adel Turki and Salam Jabbar The comprehensive football training guide by Amin Hilal Addition ,Internet resources and exercises offered on the Internet
Main references (sources)	
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Course Description Form

Course Name:					
Teaching methods / third stage					
Course Code					
Annual					
Semester :					
Year					
Description Preparation Date					
14/ 02/ 2024					
Available Attendance Forms:					
My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours annually. (2) hours per week					
Course administrator's name (mention all, if more than one name)					
Lamyaa Hasan Muhamed AldewanName: Email: lamyaa.hassan@uobasrah.edu.iq					
Course Objectives					
Course Objectives		<ol style="list-style-type: none"> 1- Teaching students theoretical subjects in the specialty of teaching methods of physical education. 2- Preparing a physical education teacher with the ability to train school teams and select players for sports clubs 3- Preparing a teacher capable of writing and implementing educational plans and following modern teaching methods 4- Developing the level of female students mentally and mentally 5- Investing in the subjects taught to serve the practical side and raise the sporting level 6- Working to familiarize the students with the mechanism of directing the physical education lesson 			
Teaching and Learning Strategies					
Strategy		<ol style="list-style-type: none"> 1- In-person education through presentation and explanation 2- Adopting different educational methods in delivering the scientific material, including total, partial, and mixed methods. Using effective learning methods in order to obtain active learning that contributes to the delivery of subject 3. 4 By using the method of discussion and dialogue supported by guided and branched exploration methods 			
Course Structure					
Week	Hour s	Required Learning Outcomes	Unit or subject name	Learni ng method	Evaluation method
1	2	Physical exercises			
2	2	Fundamental and derivative modes Teaching plan and its sections			

3	2	Teaching plan for the stage			
4	2	Middle and middle school			
5	2	Teaching plan for the middle and middle			
6	2	school levels			
7	2	Educational unit plan			
8	2	Preparing and implementing the lesson			
9	2	The diverse plan with and without tools			
10	2	Teaching aids			
11	2	Teaching principles			
12	2	Total method			
13	2	Partial method			
14	2	Mixed method			
15		Feedback			
vacatio		Feedback			
n	2	Exam			
16	2	vacation			
17	2	Equipment and tools used in physical			
18	2	education lessons			
19		Imperative style			
19	2	Training method			
20	2	Reciprocal method			
21	2	Review of modern methods			
22	2	Commander style			
23	2	Small games			
24	2	Inclusion and self-examination			
25	2	Exam			
26	2	Lessons to direct physical education lessons			
27	2	for special groups			
28	2	Special lessons in directing the physical			
29	2	education lesson / cold rainy weather			
30		Practical education			
		(field application)			
		Exam			

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	- Lamyaa Hasan Aldewan & Hussein Ali AL Sheikh: The Fundamentals of Teaching Physical Education. (1st ed.), Dar Al-Basir for Printing and Publishing, Lebanon, 2016.
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Main references (sources)

Recommended books and references (scientific journals, reports...)	Google scholar https://scholar.google.com/citations?hl=ar&user=f8-Sg6kAAAAJ researchgate https://www.researchgate.net/profile/Lamyaa_Ladwan
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Electronic References, Websites

موقع الدكتورة لمياء الديوان في جامعة البصرة
<https://faculty.uobasrah.edu.iq/faculty/702>

Course Description Form

Course Name: volleyball					
Course Code:					
Semester / Year:2024					
Description Preparation Date:					
Available Attendance Forms:					
Number of Credit Hours (Total) / Number of Units (Total)					
120 hour in year 2 hour in week					
Course administrator's name (mention all, if more than one name)					
Name: dr.Qaswer Abdul Hamed				Email: qaswerabdulwhed@uobasrah.edu.iq	
Course Objectives					
Course Objectives				Learn the international law of volleyball	
Teaching and Learning Strategies					
Strategy		The curriculum works to graduate a student who is qualified to referee volleyball, as well as a learner to manage physical education lessons in schools			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2		- Play area, dimensions		
2	2		- Grid and lists, grid height,		
3	2		- Balls. scales,		
4	2		- Participants: teams, team composition,		
5	2		Team composition. Change		
6	2		tools		
7	2		-Team leaders, team leader,		
8	2		coach,		
9	2		- Form of play: to score a		
10	2		point and win		
11	2		- Playing system: lottery,		
12	2		warm-up periods		
13	2		- Basic rotation order:		
14	2		- Game situations: team		
15	2		strikes,		
16	2		- Ball at the net: the ball		
17	2		crosses the net,		
18	2		- Player at the net:		
19	2		- Transmission		
20	2		- Attack strike		
21	2				

22	2		- Repel:		
23	2		- Theoretical and practical		
24	2		exam		
25	2		- Stops		
26	2		- Game delays		
27	2		- Rest periods		
28	2		-Free player		
29	2		- Behavior of participants		
30	2		- Misconduct and its penalties		
			- Penalty schedule		
			- The rulers		
			- The first ruling		
			- The second ruling		
			- Challenge rule		
			- Registrar		
			- Line rulers		
			- Registration Form		
			- Official signals		
			- Theoretical		
			examn		

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Main references (sources)

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

`Course Description Form

Course Name:					
Racket games					
Course Code:					
third level Racket games					
Semester / Year:					
/ 2024 The first course is tennis and the second course is badminton					
Description Preparation Date:					
1/10/2023					
Available Attendance Forms:					
Study halls, tennis and badminton court					
Number of Credit Hours (Total) / Number of Units (Total)					
Two hours a week					
Course administrator's name (mention all, if more than one name)					
Name: Makki Gabbar ouda					
maky.jabbr@uobasrah.edu.iq					
Course Objectives					
Course Objectives	<ul style="list-style-type: none"> - Learn about the history of the advanced games (tennis and badminton) and their civilization. - Discrimination under the (Multiple Tennis-Badminton) Law and the method of managing competition - Acquiring specific skills for (tennis - badminton). - Providing educational and applied skills in finding educational and alternative solutions for children. 				
Teaching and Learning Strategies					
Strategy	<ul style="list-style-type: none"> - Providing students with the basic concepts of the racquet game. - Clarifying and explaining the vocabulary of the judiciary (practical and theoretical) - Side application mode through direct explanation and application of racket game skills. - Learn performance skills through performance experience in all lectures. - Differentiation between competitors 				
Course Structure					
A- Knowledge and understanding					
1- Enabling students to learn distinguished skills in racket games					
2- Enabling the student to acquire skill knowledge and wise plans for the course.					
3- Developing the clear meaning of the decision.					
4- Developing students' abilities to acquire social and social skills.					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	and basics of tennis History		Lecture halls	Questions and discussion
2	2	Tennis supplies		Lecture halls	Questions and discussion
3	2	Playgrounds and their types		Lecture halls	Questions and discussion
4	2	Law (1-5)		Tennis court	Practical evaluation
5	2	Basic skills in tennis	Tennis	Tennis court	Practical evaluation
6	2	The serve . law (6-10)	game	Tennis court	Practical evaluation
7	2	The forehand . law(11-15)	platform	Tennis court	Practical evaluation

8	2	The backhand, law(16-20)		Tennis court	Practical evaluation
9	2	The volley ball , law (21-25)		Tennis court	Practical evaluation
10	2	The halve volley, law (26-30)		Tennis court	Practical evaluation
11	2	The smash , law (31-35)		Tennis court	Practical evaluation
12	2	The lob , law (36-40)		Tennis court	Practical evaluation
13	2	Arbitration skills		Lecture halls	Lecture halls
14	2	Register for tennis	-----	Lecture halls	Lecture halls
15	2	Theoretical exam		Lecture halls	Practical evaluation
-----	-----	Practical exam		Tennis court	-----
16	2	-----		-----	Questions and discussion
17	2	History and basics of		Badminton	Questions and discussion
18	2	badminton	badminton	court	Questions and discussion
19	2	Badminton supplies	game	Badminton	Practical evaluation
20	2	The court-measurements.	platform	court	Practical evaluation
21	2	Article (1-2)		Badminton	Practical evaluation
22	2	Basic skills in badminton		court	Practical evaluation
23	2	The serve of all kinds Article		Badminton	Practical evaluation
24	2	(3-4)		court	Practical evaluation
25	2	The forehand Article(5-6)		Badminton	Practical evaluation
26	2	The backhand Article (7-8)		court	
27	2	Front , rear stroke		Badminton	
28	2	dimensions (9-10)		court	
29	2	Paid kicks – Article (11-12)		Badminton	
30	2	Drop shot- Article (13-14)		court	
		The smash – Article (15-16)		Lecture halls	
		Arbitration skills			
		Registration for badminton			
		Theoretical exam			
		Practical exam			

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Books and the internet.

Required textbooks (curricular books, if any)	1- Tennis games Written by: Walid Waad Allah Ali and Dr. Subhan Mahmoud Al-Zuhairi 2- Previous theses and letters 3- Internet sources and exercises presented on the Internet
Main references (sources)	Books and the internet
Recommended books and references (scientific journals, reports...)	1- College library 2-Journal of Physical Education Sciences at the College
Electronic References, Websites	- Website of the Journal of Physical Education Sciences in Basra - Arab Physical Site

Course Description Form

Course Name:	
)Handball (practical	
Course Code:	
-	
Semester / Year:	
Year	
Description Preparation Date:	
1/9/2024	
Available Attendance Forms:	
The closed hall	
Number of Credit Hours (Total) / Number of Units (Total)	
60 hours 2 hours in a week	
Course administrator's name (mention all, if more than one name)	
kadhim.abass@uobasrah.edu.iq-Prof. Dr. Kazem Habib Abbas Prof. Dr. Haider Jassim Mohammed	
Course Objectives	
Course Objectives	How to set up offensive formations and defensive formations and when to use them and in what circumstances in the game of handball
Teaching and Learning Strategies	
Strategy	supply Female students with skills the basic different Private By decision Academic. -clarification and explain Vocabulary The decision Academic And performance Sample for every. -Application Practical for every Skills And exercises-

11 – Course Structure

Week	Hour s	Required Learning Outcomes	Unit / Subject Name	Learning method	Evaluation method
1	2	Defense methods and how to choose them	practical	Partial method Total method Mixed method	test
2	2	Defend the area	practical	Partial method Total method Mixed method	test
3	2	Defensive formations of the region	practical	Partial method	test

				Total method Mixed method	
4	2	Explanation of arbitration cases (law)	practical	Partial method Total method Mixed method	test
5	2	Defensive formation 6-0	practical	Partial method Total method Mixed method	test
6	2	Defensive formation 5-1	practical	Partial method Total method Mixed method	test
7	2	Defensive formation 4-2	practical	Partial method Total method Mixed method	test
8	2	Defensive formation 3-3	practical	Partial method Total method Mixed method	test
9	2	Defensive formation 3-2-1	practical	Partial method Total method Mixed method	test
10	2	Explanation of arbitration cases (law)	practical	Partial method Total method Mixed method	test
11	2	Explanation of arbitration cases (law)	practical	Partial method Total method Mixed method	test
12	2	Return to defensive formations	practical	Partial method Total method Mixed	test

				method	
13	2	Man-to-man defense	practical	Partial method Total method Mixed method	test
14	2	Practical exam, first semester	practical	Partial method Total method Mixed method	test
15	2	Theoretical exam, first semester	practical	Partial method Total method Mixed method	test
16	2	The attack and its stages	practical	Partial method Total method Mixed method	test
17	2	Technique in individual rapid attack and team technique	practical	Partial method Total method Mixed method	test
18	2	Building the attack (positional attack) and ending the attack (penetration)	practical	Partial method Total method Mixed method	test
19	2	Center attack and penetration attack applications	practical	Partial method Total method Mixed method	test
20	2	Explanation of arbitration cases (law)	practical	Partial method Total method Mixed method	test
21	2	Attacking formation 5-1	practical	Partial method Total method Mixed method	test
22	2	Attacking formation 4-2	practical	Partial	test

				method Total method Mixed method	
23	2	Attacking formation 3-3	practical	Partial method Total method Mixed method	test
24	2	Attacking formation 2-4	practical	Partial method Total method Mixed method	test
25	2	Applications of formations in general	practical	Partial method Total method Mixed method	test
26	2	Explanation of arbitration cases (law)	practical		test
27	2	Explanation of arbitration cases (law)	practical		test
28	2	Practical exam, second semester	practical		test
29	2	Theoretical exam, second semester	practical		test
30	2	Final practical exam	practical		test

12- Required infrastructure	Handball and its basic elements
Required readings	- Means of assistance in performing the skills, tactical and legal aspects
Special requirements.	- Enhancing the spirit of cooperation among individuals while spreading the spirit of competition
Social services.	Private central admission
Minimum number of students	23
The largest number of students	25

Course Description Form

Course Name:					
fitness Physical for the Third stage					
Course Code:					
-					
Semester / Year:					
Year					
Description Preparation Date:					
1/9/2024					
Available Attendance Forms:					
The closed hall					
Number of Credit Hours (Total) / Number of Units (Total)					
60 hours 2 hours in a week					
Course administrator's name (mention all, if more than one name)					
Name: Fatima Hasan Mohammad				Email: fatma.hasan@uobasrah.edu.iq	
Course Objectives					
Course Objectives			<p>1-education Female students How Ability on administration Exercises And exercises fitness Physical The different ones.</p> <p>2-education Female students How Ability on to set Deformities Texture and How Her treatment with exercises.</p> <p>3-education Female students How Ability on treatment Obesity And thinness with exercises Sports And calculation Indicator Mass the body.</p> <p>4-education Female students Expression Kinetic Accompanying Musical For exercises.</p>		
Teaching and Learning Strategies					
Strategy		<p>supply Female students with skills the basic different Private By decision Academic. -clarification and explain Vocabulary The decision Academic And performance Sample for every.</p> <p style="text-align: right;">-Application Practical for every Skills And exercises-</p>			
Course Structure					
Week	Hou rs	Required Learning Outcomes	Unit or subject name	Learnin g method	Evalu ation meth od
1		exercises Cardio Exercise1 exercises2 Cardio Exercis exercises1 Pilates exercise exercises2 Pilates Exercise exercises Burning Fat 1 exercises Burning Fat 2	*Classification Materials Food *Vitamins *Proteins *Fats *Salts *Obesity And knock Her treatment *Thinness And knock Her treatment *Concept Indicator Mass the body	Explana tion applicati on	
2					
3					
4					
5					
6					
7					
8					

9	the exam Practical the first	*Account Indicator Mass the body	
10	a lecture theoretical	*Expression Kinetic	
11	group exercises optional Cardi	*Advantages Expression Kinetic	
12	group exercises optionalPilates	*Importance Accompanying Musical	
13	group exercises optionalZumba	For exercises	
14	Exercises	*Timing And the rhythm Kinetic	
15	Training on all Exercises	*Effect Rhythm Music on the movement	
16	exercises Boxing Exercise	*Texture Its importance-His qualities-	
17	exercises With the ball Balanced	factors Influential	
18	a lecture theoretical	*Deformities Texture	
19	exercises To treat Dropp off Head	Dropp off Head Imam	
20	Imam	Bending Lateral	Explana tion
21	exercises To treat Bending Lateral	Rotate Shoulders	applicati on
22	exercises To treat Rotate	Rotate noon	
23	Shoulders	Concavity Lumbar	
24	exercises To treat Rotate noon	It clicked Knees	
25	exercises To treat Flat Feet	Flat Feet	Explana tion
26	exercises For adults Age	exercises For adults Age	applicati on
27	Training on all Skills the exam Practical Final		

Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc	
Learning and Teaching Resources	
Required textbooks (curricular books, if any)	
Main references (sources)	1-.Layla Zahran.The foundations Scientific And the process For exercises And Exercises Artistic.Dar: house Thought Arabi.Cairo.1997 2-on Bashir Al-Fandi And others.leader The athlete Educational.The creator the public For publication And distribution And the advertisement.Libya.1983
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	*Views For exercises from The internet

Course Description Form

Wrestling Course Name:					
Course Code:					
2024 Semester / Year:					
Description Preparation Date:					
<p>This course description provides a necessary summary of the most important characteristics of the course and the learning outcomes that the student is expected to achieve, demonstrating whether he or she has made the most of the learning opportunities available. It must be linked to the program description.</p>					
Available Attendance Forms:					
Wrestling hall					
Number of Credit Hours (Total) / Number of Units (Total)					
60					
2					
Course administrator's name (mention all, if more than one name)					
<p>Name: Dr. Riyadh Abdel Ali Al-Saeed Email: Riyadh.alsaeed@uobasrah.edu.iq Dr. Ali Kazem Abd alkader Email : ali.kadhun@uobasrah.edu.iq</p>					
Course Objectives					
Course Objectives		<ul style="list-style-type: none"> * Teaching students the basics of grips and the basic skills of wrestling * Segmentation of technical stages and their application * How to handle errors when applied 			
Teaching and Learning Strategies					
Strategy		<p>a: Knowledge and understanding</p> <ol style="list-style-type: none"> 1-Enabling students to recognize the technical stages of the grip. 2- Enabling students to obtain knowledge and understanding in addressing the research problem 3- Enabling students to review the library and obtain the necessary resources related to the game of wrestling 4-Enabling students to choose new topics for the wrestling game 			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	Introduction to the history of the game	Basics of writing	Lectures /class	Questions and discussion
2	2	Explanation of basic skills			
3	2	Explaining and applying the skill of			
4	2	standing			
5	2	Practical skills test			
6	2	Explanation of the skills of the seven skills			
7	2	Practical application of skills			
8	2	Explanation of the law on skills			
9	2	Practical exam			
10	2	Repeat the skills and their sections in			

11	2	preparation for linking them to the skills	scientific research in sports education		
12	2	Theoretical exam			
13	2	Explanation of the grips and their application: 3 grips			
14	2	Apply throwing grips from a standing position			
15	2	Apply throwing catches with a colleague			
16	2	Explanation of the laws related to possessions			
17	2	Practical exam with a colleague			
18	2	Explanation of roller grips and their application			
19	2	Practical application of catches and introduction to the law of the game			
20	2	Explanation of the law (rug measurements, specifications, and players' clothing)			
21	2	Practical exam			
22	2	Introducing the role of the referees, the judge, and the jury committee			
23	2	Introducing the student to the competition system			
24	2	Know the uniform, signals, and how to use them			
25	2	Explaining the law regarding player licence, movement, examination and nationality			
26	2	Practical exam, playing and refereeing			
27	2	Definition of match times and weights			
28	2	How to score points Illegal grabs			
29	2	Practical exam			
30	2	Re-explaining the tools and skills before the theoretical exam			
		Theoretical exam			

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Main references (sources)

Wrestling roles book

Recommended books and references (scientific journals, reports...)

hard copy of research paper

Electronic References, Websites

Research paper published in scientific research journals

Course Description Form

Course Name:					
Albasrah university					
Course Code:					
College of Physical Education and Sports Sciences					
Semester / Year:					
Artistic gymnastics for women for the third stage					
Description Preparation Date:					
14/2/2024					
Available Attendance Forms:					
Indoor gymnasium hall					
Number of Credit Hours (Total) / Number of Units (Total)					
60hours					
Course administrator's name (mention all, if more than one name)					
Name: Assistant Professor :Zeinab Sabah Ibrahim					
Email: zainab.sabah@uobasrah.edu.iq					
Course Objectives					
Course Objectives			<p>Teaching students international women's law and explaining its importance when performing movements, especially in tournaments to evaluate the performance of movements.</p> <p>How to learn and perform movements and skills gradually.</p> <p>How to perform movements correctly and without errors.</p> <p>The importance of performing the movements while maintaining the student's safety during the performance so that she is not exposed to injury during the skillful performance of the movements</p>		
Teaching and Learning Strategies					
Strategy		<p>1.- Enabling female students to manage exercises and perform various movements.</p> <p>A2- Enabling female students to obtain knowledge and understanding in addressing skills performance problems.</p> <p>A3- Enabling female students to understand the importance of accompanying music with movement performance</p>			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method

	2 hours	Enabling female students to manage exercises and perform various movements.	Artistic gymnastics for women for the third stage	1- Explanation of the subject by the subject teacher, with the use of modern illustrative means to display mathematical skills, such as screens and data shows. 2-Demonstrating skills before the subject school or through a live model.	Active participation in the lecture. - Applying practical skills. - Practical and daily exams. - Quarterly, annual, practical and theoretical exams
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Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	International women's artistic gymnastics code 2022-2024
Main references (sources)	International women's artistic gymnastics code
Recommended books and references (scientific journals, reports...)	International women's artistic gymnastics code 2022-2024 Prepared by the Women's Technical Committee, February 2020 Translated by Saleh Jaafar Issa Nour
Electronic References, Websites	Internet resources and exercises offered on the Internet

Course Description Form

Course Name:

Sports training					
Course Code:					
Semester / Year:					
Annual					
Description Preparation Date:					
Available Attendance Forms:					
My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(30) hours annually. (2) hours per week					
Course administrator's name (mention all, if more than one name)					
Teaching name: Prof. Dr. Hussam Muhammad Jaber/ Email (hussa.jaber@uobasrah.edu.iq) Teaching name: Prof. Dr. Haidar Abd al razzaq Kadhim / Email (haidar.abdalrazzaq@uobasrah.edu.iq) Teaching name: Professor Shatha Mahawish, hidden/ email (shatha.khafe@uobasrah.edu.iq) Teaching name: Prof. Dr. Aqeel Hassan Falih Email (Aqeel.falih@uobasrah.edu.iq)					
Course Objectives					
1- Teaching the basics of sports training 2-Building sports training programs 3-Methods of sports training 4-Physical characteristics of sports training					
Teaching and Learning Strategies					
Strategy	1- Enabling students to apply physical exercises. 2- Enabling students to obtain knowledge and understanding in applying sports training methods. 3- Enabling students to review the library and obtain the necessary resources for sports training. 4- Enabling students to apply sports training to players in a practical way. 5- Writing training programs. 6- Building training methods and applying training methods. 7- Teaching the application of sports training. 8- Teaching students about the practical steps of sports training. 9- Teaching students the importance of other sciences that support sports training. 10- Teaching how to access important scientific sources, methods and physical characteristics of sports training. 10. Course structure Week Hours Required learning outcomes Name of the unit or topic Learning method Evaluation method				
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	Possibilities that help to reach higher levels and athletic harmony	Sports training book	Questions and discussion	Lectures/class
2	2	Fitness components		Questions and	Lectures/class

				discussion	
3	2	Training load and methods of extracting its components		Questions and discussion	Lectures/class
4	2	Muscular strength (its definition, types, factors affecting it)		Questions and discussion	Lectures/class
5	2	Muscular strength training - strength training for both sexes		Questions and discussion	Lectures/class
6	2	Semester exam		Questions	the line
7	2	Tablets (definition, types, importance, factors affecting them)		Questions and discussion	Lectures/class
8	2	Table training methods		Questions and discussion	Lectures/class
9	2	Training methods - continuous		Questions and discussion	Lectures/class
10	2	Interval training method of both types		Questions and discussion	Lectures/class
11	2	Repetitive training method		Questions and discussion	Lectures/class
12	2	review		Questions and discussion	Lectures/class
13	2	Semester exam		Questions	the line
14	2	Circuit training method		Questions and discussion	Lectures/class
15	2	Continuous training method using the circular method		Questions and discussion	Lectures/class
vacation					
16	2	Lectures/class		Lectures/class	Lectures/class
17	2	Lectures/class		Lectures/class	Lectures/class
18	2	Lectures/class		Lectures/class	Lectures/class
19	2	Lectures/class		Lectures/class	Lectures/class
20	2	Lectures/class		Lectures/class	Lectures/class
21	2	the line		the line	the line
22	2	Lectures/class		Lectures/class	Lectures/class
23	2	Lectures/class		Lectures/class	Lectures/class
24	2	Lectures/class		Lectures/class	Lectures/class
25	2	Lectures/class		Lectures/class	Lectures/class
26	2	Lectures/class		Lectures/class	Lectures/class
27	2	Lectures/class		Lectures/class	Lectures/class
28	2	the line		the line	the line
29	2	Lectures/class		Lectures/class	Lectures/class
30	2	Comprehensive exam		Questions	the line

Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc	
Learning and Teaching Resources	
Required textbooks (curricular books, if any)	1- Sports Training Book / Written by the Sports Training Committee
Main references (sources)	1- Sports Training Book / Written by the Sports Training Committee
Recommended books and references (scientific journals, reports...)	1- Book (Sports Training) by Majid Ali Moss 2- The book (Sports Training) by Fatima Abdel Maleh 3- Journal of Physical Education Studies and Research
Electronic References, Websites	1-Quote exercises and training programs from the following links 2-Iraqi scientific academic journals website 3-Website of the Journal of Physical Education Studies and Research https://jsrse.edu.iq/index.php/home

Course Name:					
Sport psychology					
Course Code:					
Semester / Year:					
Annual					
Description Preparation Date:					
Available Attendance Forms:					
Number of Credit Hours (Total) / Number of Units (Total)					
-60					
2					
Course administrator's name (mention all, if more than one name)					
Name: D.R mohameed abdalwhab					
Name: D.R Email: abdalkazem galeel					
Course Objectives					
Course Objectives					
Teaching and Learning Strategies					
Strategy					
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2		What is sports psychology?		
2			The emergence of sports psychology		
3			Sports psychology tasks		
4			Personal		
5			Personality theories		
6			The effect of physical education lessons on personality formation		
7			Motives for sports activity and its development		
8			The relationship between motivation and sports activity		
9			Psychological orientation		
10			Growth of psychological trends		
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					

25			Ability and talent		
26			Mental processes in		
27			sports activity		
28			Intelligence		
29			Exam		
30			Poor performance		
			in the physical		
			education lesson is a		
			psychological		
			problem		
			the fear		
			Anxiety		
			Psychological		
			trauma		
			Courage and		
			boldness		
			application		
			application		
			application		
			application		
			application		
			Psychological		
			problems in racing		
			Psychological		
			preparation		
			Experiences of		
			success and failure		
			General principles		
			in evaluation		
			Student evaluation		

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Main references (sources)

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

Course Name: Sociology of sport					
Course Code: -					
Semester / Year : 2023-2024					
Description Preparation Date: 1-11-2023					
Available Attendance Forms: -					
Number of Credit Hours (Total) / Number of Units (Total) : 2 hour every week					
Course administrator's name (mention all, if more than one name)					
Name: dr_firas hasan abdul hussen dr_haider aufy ahmad/ dr_ameer abass Email: dr_firashasan@yahoo.com					
Course Objectives					
Course Objectives	1) Teaching students the basic principles and specialized topics of the role and importance of sports sociology in the sports field. 2) Students study all topics related to sports sociology. 3) Explaining the role and importance of this science in analyzing and treating some historical phenomena that may occur during sports practice at all age groups.				
Teaching and Learning Strategies					
Strategy	1) Improving the cognitive level of students in analyzing topics that occur in the sports field. 2) Enabling students with a mechanism for dealing with history in the sports environment. 3) Enabling students to obtain knowledge and understanding of mathematical sociology topics. 4) Enabling students to review the library and obtain the necessary sources in the historical field. 5) Empowering students to choose research topics that serve society within the specialty sociology of sports.				
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
	2	Definition of sports sociology	Sociology of sport	Lectures	Questions and discussion
	2	Objectives and areas of sports sociology	Sociology of sport	Lectures	Questions and discussion
	2	The importance of sports sociology	Sociology of sport	Lectures	Questions and

					discussion
	2	The historical course of mathematical sociology	Sociology of sport	Lectures	Questions and discussion
	2	Social institutions 1) Family 2) School 3) The state 4) Religious institutions 5) Youth centers and sports clubs	Sociology of sport	Lectures	Questions and discussion
	2	Sociologists in Iraq, Arabs and foreigners: 1) Dr. Ali Al-Wardi 2) Al-Farabi 3) Ibn Khaldun 4) Occt Comte 5) Emile Dor Kheim 6) Herbert Spencer	Sociology of sport	Lectures	Questions and discussion
	2	Mathematical sociology methods (Historical method, comparative method, field survey method)	Sociology of sport	Lectures	Questions and discussion
	2	Research methods in sports sociology	Sociology of sport	Lectures	Questions and discussion
	2	Social functions of sport Part 1 1) Psychological function 2) Educational function 3) Sport is a tool for unity and social interaction	Sociology of sport	Lectures	Questions and discussion
	2	Social functions of sport Part 2 4) Sport is a tool for social control 5) Sport is a tool for social representation 6) Sport is a tool for peaceful coexistence between peoples	Sociology of sport	Lectures	Questions and discussion
	2	Scientific terms and concepts in sports sociology	Sociology of sport	Lectures	Questions and discussion
	2	Sports team group 1) Its characteristics 2) The dynamics of the	Sociology of sport	Lectures	Questions and discussion

		group and the sports group and its use in the sports field			
	2	Hooliganism and fanaticism in the sports field (social causes, combating it).	Sociology of sport	Lectures	Questions and discussion
	2	Sports and socialization (Part 1)	Sociology of sport	Lectures	Questions and discussion
	2	First semester exam	Sociology of sport	Lectures	Questions and discussion
	2	-Sports and socialization (Part 2) -Social control in the sports field (its definition, determinants, and means)	Sociology of sport	Lectures	Questions and discussion
	2	application	Sociology of sport	Lectures	Questions and discussion
	2	application	Sociology of sport	Lectures	Questions and discussion
	2	application	Sociology of sport	Lectures	Questions and discussion
	2	application	Sociology of sport	Lectures	Questions and discussion
		application	Sociology of sport	Lectures	Questions and discussion
		application	Sociology of sport	Lectures	Questions and discussion
		Sports and social deviance (its nature, theories, major forms of deviance)	Sociology of sport	Lectures	Questions and discussion
		Sports and social fraud (its causes and factors controlling it)	Sociology of sport	Lectures	Questions and discussion
		Social relations in the sports team group - Cohesion and fracture of sports groups	Sociology of sport	Lectures	Questions and discussion
		- Social intelligence in the	Sociology of	Lectures	Questions

		sports field (its definition, types, tests) - Social interaction in the sports field (definition, types, theories, tests)	sport		and discussion
		- Social integration into the sports community (its definition, types, fields, theories) - Social skills in the sports field (definition, types, measurements, theories)	Sociology of sport	Lectures	Questions and discussion
		-Leisure and sports recreation - Sport and its role in combating terrorism and religious extremism	Sociology of sport	Lectures	Questions and discussion
		-The role of social and recreational problems in limiting sports activity among young people -Women and sports activity	Sociology of sport	Lectures	Questions and discussion
		Second semester exam	Sociology of sport	Lectures	Questions and discussion

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	-Sports Sociology book / written by Professor Dr. Firas Hassan Abdel Hussein
Main references (sources)	Sports Sociology book / written by Professor Dr. Firas Hassan Abdel Hussein
Recommended books and references (scientific journals, reports...)	-
Electronic References, Websites	-

Course Name:					
Sports management					
Course Code:					
Semester / Year:					
Year					
Description Preparation Date:					
2024/3/14					
Available Attendance Forms:					
Theoretical lectures in attendance					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours annually. (Two hours) One hour per week					
Course administrator's name (mention all, if more than one name)					
Name: Professor Prof. ABDALHALEEM JEBUR AZZAL Email: abdhaleem.nazzal@uobasrah.edu.iq					
Course Objectives					
Course Objectives			1- Teaching students the basics of sports management and its chapters 2- -How to work administratively 3- - Sports management is one of the important factors that has a significant impact on the training process and in creating the human interaction necessary to achieve the goals for the player and the team 4- Explaining the importance of sports management to society.....		
Teaching and Learning Strategies					
Strategy		1- Providing students with the basic concepts of sports management. 2- - Clarifying and explaining the course vocabulary 3- - Developing the applied aspect in explaining and understanding sports management and transferring the concepts of motor learning to the sports field and daily lif			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1		Introductio	Management concerns, definition of management, elements of management (functions of management)	Theoretic	Questions
2		n to		al lecture	and
3		manageme	Is management a science or an art? The origins of management. Schools of management. General principles of management. Fields of management	Lectures/	discussion
4		nt		class	Weekly,
5		General		Lectures/	monthly,
6		definition		class	daily,
7		of sports		Lectures/	written
8		manageme	Management levels administrative skills	class	exams, and
9		nt	General definition of sports management	Lectures/	the end-of-
10		The	The importance of sports management,	class	year exam.

11		importance	the main elements of administrative work	=	
12		of sports	in the sports field, and the qualities of		
13		managemen	effective sports management		
14		nt	Planning, the concept of planning, the		
15		Planning	importance of planning, the definition of		
16		Planning	planning		
17		elements	Logical steps for planning. Benefits of		
18		the plan	applying proper planning		
19		Organizati	Planning components, types of planning,		
20		on	principles and basics of planning		
21		Patterns of	The importance of organization,		
22		formal	definition of organization, steps of		
23		organizatio	organization, principles of organization		
24		n	Characteristics of good organization,		
25		Coordinati	foundations and forms of organizing the		
26		on	organization (types of organization), types		
27		Guidance	of organization, patterns of formal		
28		Leadership	organization, and informal organization		
29		Leadership	The concept of coordination, definition of		
30		theories	coordination, rules of coordination		
		Make	Characteristics of effective coordination		
		decision	Types of coordination		
		Decision	The concept of guidance and the pillars of		
		making	guidance		
			The concept of leadership, definition of		
			leadership, confiscating the power and		
			influence of leadership		
			Leadership specifications and skills,		
		Connection	leadership styles and styles		
		Supervision	Types of leadership in the sports field		
		Censorship	The concept of decision in management,		
		Sports	definition of decision, the concept of		
		marketing	decision making		
		Organizing	Types of decisions: Stages of decision-		
		and	making and decision-making		
		managing	Decision making theories Obstacles to		
		sports	rational decision making		
		tournament	Characteristics of the decision maker		
		s	Means that help the manager make and		
		Organizing	take decisions Factors influencing the		
		sports	decision maker		
		courses	Application		
		Professiona	Communication - definition - importance		
		lism and	of communication components - methods -		
		sports	types		
		marketing	Supervision - concept - definition of types		
			of supervision - methods of supervision		
			Control - the importance of defining -		

			methods of control The concept and definition of sports marketing, the importance of marketing Marketing elements Marketing management Environmental factors affecting Organizing sports races Single draw, double draw, periodic draw Sports festivals		
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc.					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)					
Main references (sources)			Basics of work in sports management		
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites					

Course Name:					
Mathematical Properties					
Course Code:					
Applied Sciences Branch					
Semester / Year:					
Annual/Fourth Stage					
Description Preparation Date:					
24					
Available Attendance Forms:					
Classroom					
Number of Credit Hours (Total) / Number of Units (Total)					
Course administrator's name (mention all, if more than one name)					
Name: hazem jassim kahzal					
Email: Dr.hazemaldosary@gmail.com					
Course Objectives					
Course Objectives			<ul style="list-style-type: none"> - Teaching students the essence of sports - Identifying disabilities and their types - Medical classifications for each disability - Identifying the activities practiced by the disabled and classifying the disabilities according to them 		
Teaching and Learning Strategies					
Strategy		Knowledge and understanding <ul style="list-style-type: none"> - Private sports is an important sport in society and for many reasons that must be taken into account and the idea of paying attention to this important segment of society must be conveyed. - Producing a student who can work with that segment, classify it, and know everything related to it in terms of the rehabilitation aspect and its types. <ul style="list-style-type: none"> - The student was able to work with that group and in the sports field, especially medical classifications, and for each even 			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	History of sports for the disabled			
2		Questions and evaluation of lectures/class, the			
3		concept of disability			
4		The disabled			
5		the concept of disability			
6		The disabled			
7		Types of disability			
8		Disability classification			
9		Types of disability			
10		Disability classification			
11		Causes of disability			
12		Questions and evaluation of lectures/class on the			

13		purposes and importance of physical education for the disabled			
14					
15		Factors affecting the performance of sports activities for people with disabilities			
16					
17		Sports rehabilitation for the disabled			
18		Play and its importance for the disabled			
19		Steps to rehabilitate the athletically disabled person			
20					
21		Means of successful sports rehabilitation for the disabled 2 4			
22					
23		Questions and evaluation of lectures/class			
24		Physical disability (mobility) Definition of some terms			
25					
26		Amputations			
27		The concept of amputees			
28		Medical divisions of amputees			
29		Medical classification of amputations 2 5			
30		Questions and evaluation of lectures/class			
		Therapeutic exercises for amputations with or without an artificial limb			
		Fundamentals of building exercises for amputees			
		Specifications of the prosthetic limb 2 7			
		Questions and evaluation of lectures/paralysis class			
		Types of paralysis			
		Medical divisions of lower limb paralysis and quadriplegia			
		Types of paralysis			
		Medical divisions of lower limb paralysis and quadriplegia			
		Point system according to the affected muscle strength test 2 8			
		Questions and evaluation of lectures/polio class			
		Polio concept			
		Types of polio 2 9			
		Questions and evaluation of lectures/cerebral palsy class			
		Types of cerebral palsy			
		Medical classification of cerebral palsy			
		The role of the physical education teacher with paralyzed people			
		Competitive games for paralytic injuries 2 10			
		Questions and evaluation of lectures/class mental disability			
		Its concept			
		Classification of mental retardation according to			
		Classification of mental retardation according to the degree of intelligence			

	<p>Classification of mental retardation according to the physiological anatomy accompanied by lack of intelligence</p> <p>Classification of mental retardation depending on the extent of decline in general mental abilities</p> <p>Classification of mental retardation based on educational and learning ability</p> <p>Causes of mental retardation</p> <p>Sports activities suitable for the deaf and mute)</p> <p>Questions and evaluation of lectures/class visual impairment</p> <p>The blind person</p> <p>Visually Impaired</p> <p>The defects and distortions of form that blind people are exposed to</p> <p>Sports medical division for the blind</p> <p>The role of the physical education teacher with the visually impaired 2 17</p> <p>Questions and evaluation of lectures/class technical divisions of sports for the visually impaired</p> <p>Sports activities suitable for blind people</p> <p>Foundations of building a sports program for the blind 2 20</p> <p>Questions and evaluation of lectures/class sports programs prepared for people with disabilities</p> <p>Therapeutic sports</p> <p>Recreational sports</p> <p>Competitive sports</p> <p>Questions and evaluation of lectures/class training and sports competitions for the disabled</p> <p>Physiological effects of sports training for the disabled</p> <p>Evaluation and measurement in disabled sports and its importance</p> <p>Questions and evaluation of lectures/wheelchair class</p> <p>Athletes chair</p> <p>Its types</p> <p>Its importance</p> <p>The importance of the chair and how to train on it</p> <p>Questions and evaluation of lectures/class modified sports</p> <p>games approved in I.P.C</p> <p>Goal ball</p> <p>Weightlifting competitions</p>			
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		<p style="text-align: center;">Questions and evaluation of lectures/class five-a-side football for the deaf Hexagon football for the deaf</p>			
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)					
Main references (sources)					
Recommended books and references (scientific journals, reports...)			ira'at almatluba manhaj almada * alkutub almusaeida * mushahadat liltamarin min alanit *		
Electronic References, Websites					

Course Name:					
Computer					
Course Code:					
N/A					
Semester / Year:					
Year					
Description Preparation Date:					
28/10/2023					
Available Attendance Forms:					
Class + Lab					
Number of Credit Hours (Total) / Number of Units (Total)					
60					2
Course administrator's name (mention all, if more than one name)					
Name: MSc. Ali Raad Abdulkareem				Email: ali.raad@uobasrah.edu.iq	
Course Objectives					
Course Objectives		<ul style="list-style-type: none"> -Teaching students the basic components of the computer. -Teaching students on text editor programs. -Teaching students on spreadsheet processing programs. - Explaining the importance of computers in developing society. 			
Teaching and Learning Strategies					
Strategy		<ul style="list-style-type: none"> - Clarifying and explaining the vocabulary of the judicial decision - Providing students with resources for vocabulary lessons -Focusing on the practical aspect of text editing in Microsoft Word 2016 -Focus on the practical aspect of the Microsoft Excel 2016 application wizard 			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	A brief history and introduction to computers	Computer	Lectures/class	Questions and discussion
2	2	brief history and A introduction to computers		Lectures/class	Questions and discussion
3	2	to know the MS-Office Getting package		Practical/computer lab	Questions and discussion
4	2	overview of text editors An and getting to know Microsoft .Word		Practical/computer lab	Questions and discussion
5	2	calculator Electronic components		Lectures/class	Questions and discussion
6	2	components Physical		Lectures/class	Questions and discussion + report

7	2	and output units Input		Lectures/class	Questions and discussion
8	2	and output units Input		Lectures/class	Questions and discussion
9	2	a new Word file and Create identify the main window elements		Practical/computer lab	Questions and discussion
10	2	components in the File program		Practical/computer lab	Questions and discussion
11	2	CPU		Lectures/class	Questions and discussion
12	2	components Main Page		Practical/computer lab	Questions and discussion
13	2	components Main Page		Practical/computer lab	Questions and discussion
14	2	page components Insert		Practical/computer lab	Questions and discussion
15	2	page components + page Insert layout components		Practical/computer lab	Questions
16	2	page components + Review presentation page components		Practical/computer lab	Questions and discussion
17	2	page components + References comprehensive review of the program		Practical/computer lab	Questions and discussion
18	2	exam Practical		Computer lab	Questions and discussion
19	2	comprehensive review of A theoretical material		Lectures/class	Questions and discussion
20	2	exam Theoretical		class	Questions
21	2	components Software		Lectures/class	Questions, discussion + report
22	2	system and types Operating		Lectures/class	Questions and discussion
23	2	system and types Operating		Lectures/class	Questions and discussion
24	2	a new Excel file and Create identify the main window elements		Practical/computer lab	Questions and discussion
25	2	components in the File program + main page		Practical/computer	Questions and discussion

		components		lab	
26	2	page components Home		Practical/c omputer lab	Questions and discussion
27	2	page components + page Insert layout components		Practical/c omputer lab	Questions and discussion
28	2	comprehensive review of A Microsoft Excel		Practical/c omputer lab	Questions and discussion
29	2	exam Practical		Computer lab	Questions and discussion
30	2	exam Theoretical		class	Questions
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc					
Learning and Teaching Resources					
Required textbooks (curricular books, if any)		Books: 1 - Microsoft Word word processor , compiled by the subject teacher 2- Microsoft Excel spreadsheet processor compiled by the subject teacher 3-Computer maintenance (computer architecture)			
Main references (sources)					
Recommended books and references (scientific journals, reports...)					
Electronic References, Websites					

Course Description Form

Course Name:					
Football- the fourth stage					
Course Code:					
Football					
Semester / Year:					
Year					
Description Preparation Date:					
1/10/2023					
Available Attendance Forms:					
College hall and stadium					
Number of Credit Hours (Total) / Number of Units (Total)					
60					
2					
Course administrator's name (mention all, if more than one name)					
Name: Dr. aqeel Hassan Falih					
Email: aqeel.falih@uobasrah.edu.iq					
Course Objectives					
Course Objectives			Teaching students the basics of football -How DNA units are organized -Teaching the ability to play		
Teaching and Learning Strategies					
Strategy		Knowledge and understandin B: Subject-specific skills A: Teaching and learning methods			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	2	Training methods		Theoretical explanation	Practical and theoretical tests
2	2	Types of football training methods	Soccer	Theoretical explanation	Practical and theoretical tests
3	2	Complex training	Zuhair	Theoretical explanation	Practical and theoretical tests
4	2	Training methods	Al-Khashab	Theoretical explanation	Practical and theoretical tests
5	2	Complex training	and others	Theoretical explanation	Practical and theoretical tests
6	2	Play training	Sami	Theoretical explanation	Practical and theoretical tests
7	2	Exercise methods	Saffar	Theoretical explanation	Practical and theoretical tests
8	2	Training unit	and others	Theoretical explanation	Practical and theoretical tests
9	2	Types training unit	Internatio	Theoretical explanation	Practical and theoretical tests
10	2	Types training unit	nal	Theoretical explanation	Practical and theoretical tests
11	2	Game law	football	Theoretical explanation	Practical and theoretical tests
12	2	Game law	law	Theoretical explanation	Practical and theoretical tests
13	2	Tactics		Theoretical explanation	Practical and theoretical tests
14	2	Tactics		Theoretical explanation	Practical and theoretical tests
15	2	Defense plans		Theoretical explanation	Practical and theoretical tests
		Defense plans		Theoretical explanation	Practical and theoretical tests
		Exam		Theoretical	Practical and

REST		Application		explanation	theoretical tests
16		Application		Theoretical	Practical and
17		Application		explanation	theoretical tests
18		Application			
19		Application		Theoretical	Practical and
20		Application		explanation	theoretical tests
21		Application		Theoretical	Practical and
22		Football selection		explanation	theoretical tests
23		Football analysis		Theoretical	Practical and
24		Game law		explanation	theoretical tests
25		Game law		Theoretical	Practical and
26		Game law		explanation	theoretical tests
27		Football team supplies		Theoretical	Practical and
28		Football team supplies		explanation	theoretical tests
29		Game law		Theoretical	Practical and
30		Game law			

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports etc

Learning and Teaching Resources

Required textbooks (curricular books, if any)	Soccer Zuhair Al-Khashab and others
Main references (sources)	Sami Saffar and others
Recommended books and references (scientific journals, reports...)	Sami Saffar and others International football law
Electronic References, Websites	

Course Name:					
Basketball					
Course Code:					
Semester / Year:					
3rd phase \ yearly 3					
Description Preparation Date:					
2024-02-14					
Available Attendance Forms:					
My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
(60) hours yearly.					
(2) hours week					
Course administrator's name (mention all, if more than one name)					
Name: Dr. Wissam Falah Attia Dr. Adel Naji					
Course Objectives					
Teaching students defensive and offensive basketball plans -Difference tactical applications - Teaching students exploration and testing in basketball - Explaining the importance of applying team tactics in matches					
Teaching and Learning Strategies					
Strategy		1- Teaching how to apply defensive plans in basketball 2- Teaching how to implement offensive plans in basketball			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1		The tactic in basketball	basketball	Explanation and application	Weekly, monthly, daily, written exams, and the end-of-year exam.
2		Defense in basketball			
3		What is man to man defense			
4		Type of man to man defense			
5		Way get rid of offensive screen			
6		What is zone defense			
7		Benefits and harms of zone defense			
8		Uses of zone defense			
9		Type of zone defense			

10		Special way for zone defese			
11		What is mixed defense			
12		Principles of mixed defense			
13		When we use mixed defense			
14		Type of mixed defense			
15		Exam			
16		What is offensive			
17		Team offensive			
18		Ueses of fast offensive			
19		Benefits and harms of fast offensive			
20		Type of fast offensive			
21		Regulator offensive against man to man defese			
22		Way of regulator offensive			
23		Regulator offensive against zone defese			
24		Way of offensive			
25		Review			
26		Exam			
27					
28					
29					
30					

Course Evaluation

Distribution as follows:

25 marks for monthly and daily exams for the first semester.

25 marks for monthly and daily exams for the second semester.

50 marks for final exams

Learning and Teaching Resources

Required textbooks (curricular books, if any)

Abdul Karim, the methodological book written by Dr.. Widad Rashad - Dr. Iyad Abdel Karim

Main references (sources)

Recommended books and references (scientific journals, reports...)

Electronic References, Websites

Watch exercises online

Course Description Form

Course Name: volleyball					
Course Code:					
Semester / Year:2024					
Description Preparation Date:					
Available Attendance Forms: My presence only					
Number of Credit Hours (Total) / Number of Units (Total)					
60 hour in year 2 hour in week					
Course administrator's name (mention all, if more than one name)					
Name: dr.Mohammed Aafi Radhi					
Email: mohammed.aafi@uobasrah.edu.iq					
Course Objectives					
Course Objectives			1- Learn the international law of volleyball 2- Defensive and offensive formations in volleyball, types of players and the duties of the coach		
Teaching and Learning Strategies					
Strategy		The curriculum works to graduate a student who is proficient in the history and laws of the game of volleyball and knowledgeable about defensive and offensive formations, types of players, and the duties of the coach.			
Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
111	2		- History of the game		
2	2		- Introduction to the law of the game,		
	2		- Review of the law and its sequence		
	2		- Introduction to defensive formations,		
	2		- Formation of bilateral reception is theoretical.		
	2		- Dual reception formation is practical.		
	2		- Formation of the theoretical triple reception.		
	2		- The formation of the triple reception		

2			is practical.		
2			- My theory exam.		
2			- Practical exam.		
2			- Formation of the		
2			theoretical		
2			quadrilateral		
2			reception		
2			- Four-way		
2			reception formation		
2			is practical.		
2			- The formation of		
2			the pentatonic		
			reception is		
2			theoretical.		
2			- Practical		
2			pentagonal		
2			reception		
2			formation.		
2			- Explaining legal		
2			violations		
2			- Curriculum		
2			review.		
2			- My theory exam.		
2			- Practical exam.		
2			Vacation		
2			- Introduction to		
2			offensive formations		
2			- Types of attack		
2			- Attacking after a		
2			pass from the		
2			prepared		
2			player/theoretical.		
2			- Attacking after a		
2			pass from the		
2			prepared player /		
2			practical.		
2			- Attacking after the		
2			first pass /		
2			theoretical		
2			- Attack after the		
2			first pass / practical		
2			- Attack by		
2			deception/		
2			theoretical.		
2			- Deception attack -		
2			practical.		
2			- Theoretical exam		
2			- Practical exam		

	2		- Types of players on the team		
	2		- Network attack formations.		
	2		- The duties of a theoretical coach		
	2		- Duties of a practical trainer		
	2		- Registration Form		
	2		- Theoretical exam		
	2		- Practical exam		

Course Evaluation

The distribution is as follows: 25 marks for the first and second semester, divided into 10 theoretical minutes, 15 practical minutes, the final 20 theoretical minutes, and the practical 30 minutes.

Learning and Teaching Resources

Required textbooks (methodology, if any)	Volleyball (history - skills - plans - match management and training)
Main references (sources)	Volleyball (history - skills - plans - match management and training)

Course Description Form

Course Name:					
track and field games / 4 stage					
Course Code:					
track and field games					
Semester / Year:					
2023/2024					
Description Preparation Date					
5/2/2024					
Available Attendance Forms:					
Theoretical science branch					
Number of Credit Hours (Total) / Number of Units (Total)					
96 Hours					
Course administrator's name (mention all, if more than one name)					
Dr. Haidar Mahdi Abdul-Sahib / hyder.mahdi@uobasrah.edu.iq Dr. Qusay mohammed ali /qusay.mohammed@uobasrah.edu.iq Dr. Hashim Shakir abdukkireem/ hashim.shakir@uobasrah.edu.iq Dr. Abdullah Shanta Faraj/Abdullah.shinta@uobasrah.edu.iq					
Course Objectives					
Course Objectives				Practical. Tests. Theoretical tests	
Teaching and Learning Strategies					
Strategy		Theoretical explanation And practical application with tests			
Course Structure square and field games					
Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports.... etc.					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4	effectiveness of short distance 100 meters		Theoretical explanation And practical application	Practical and theoretical tests
2	4	Apply technical stages of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
3	4	A practical exam is effectively 100 meters, meters		Theoretical explanation And practical application	Practical and theoretical tests

4	4	Long jumping effectiveness	track and field Dr.. Risan Khreibet fourth stage	Theoretical explanation And practical application	Practical and theoretical tests
5	4	Apply technical stages of the effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
6	4	Practical examination of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
7	4	Effectiveness to pay the weight		Theoretical explanation And practical application	Practical and theoretical tests
8	4	Apply the technical stages of the effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
9	4	Practical examination of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
10	4	Speed speaking effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
11	4	Apply technical stages of the effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
12	4	Practical examination of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
13	4	theoretical exam first semester		Theoretical explanation	Practical and theoretical tests

				And practical application	
14	4	Effectiveness ran 110 barriers		Theoretical explanation And practical application	Practical and theoretical tests
15	4	Application of technical stages		Theoretical explanation And practical application	Practical and theoretical tests
16	4	Practical examination of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
17	4	High jumping effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
18	4	Technical phase application		Theoretical explanation And practical application	Practical and theoretical tests
19	4	Practical examination of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
20	4	The effectiveness of short lesbians 100 meters		Theoretical explanation And practical application	Practical and theoretical tests
21	4	Apply technical stages of effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
22	4	A practical exam is effectively 100 meters, meters		Theoretical explanation And practical	Practical and theoretical tests

				application	
23	4	Long jumping effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
24	4	Apply technical stages of the effectiveness		Theoretical explanation And practical application	Practical and theoretical tests
25		theoretical exam second semester			

Learning and Teaching Resources

Required textbooks (curricular books, if any)	Athletics Book (Systematic Book)
Main references (sources)	Dr. Risan Khouribet Majeed - Higher Education Press -1989 - Basra University
Recommended books and references (scientific journals, reports...)	Dr. Risan Khouribet Majeed - Higher Education Press -1989 - Basra University
Electronic References, Websites	